

Make Me Feel

COPPER KNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Jo Kinser (UK), John Kinser (UK) & Tajali Hall (CAN) - February 2014
音乐: The Way You Make Me Feel (Acoustic) by Kurt Hunter (3:14)



Start the dance 16 counts in on the lyrics (0.14). BPM: 102

[1-8] & ROCK, POINT-SWEEP, BALL-LOCK, BACK, SML COASTER STEP, KICK-BALL-STEP

&123 Rock Rt to Rt, Recover weight Lt, Point Rt foot low diagonally left, Sweep Rt foot from front to back
&4 Step Rt slightly back, Step Lt across right
5 Step Rt back
6&7 Step Lt slightly back, Step Rt next to left, Step Lt fwd
8&1 Kick Rt diagonally fwd right, Step Rt next to left, Step Lt fwd, (option: Shorty George)

[9-16] FWD, MAMBO STEP, 1 & 3/4 TURN, BALL-CROSS

2 Step Rt fwd,
3&4 Step Lt slightly fwd, Step Rt next to left, Step Lt back
5,6 Make 1/2 turn right stepping Rt fwd (6:00), Make 1/2 turn right stepping Lt back (12:00)
7 Make 1/2 turn right stepping Rt fwd (6:00)
&8 Make 1/4 turn right stepping ball of Lt to left (3:00), Step Rt across left

*(note change below for Restart).

Restart: *Wall 7 facing (6:00). Dance the first 15 counts and omit the 1/4 turn on count 16.

Replace it by stepping the Lt fwd to Restart the dance facing (12:00) on count 8.

[17-24] LUNGE/ROCK CROSS, & ROCK FWD, ROCK STEP, 1/2 TURN LT

1,2,3 Lunge left Rocking Lt to left bringing Rt toes up, Recover weight Rt to right diagonal, Step Lt over right
&4,5 Rock Rt to right squaring up to (9:00), Recover weight Lt, Step Rt fwd
6,7,8 Rock Lt fwd (prep-turn), Recover weight Rt, Make 1/2 turn left stepping Lt fwd (3:00)

[25-32] FWD HEEL HITCH X2, &-OUT, BOOTY ROLL

1 Step Rt heel fwd beginning a small body roll from the chest down
2 Step Lt foot slightly behind the right foot completing the body roll hitching the Rt knee slightly
3 Step Rt heel fwd beginning a small body roll from the chest down
4 Step Lt foot slightly behind the right foot completing the body roll hitching the Rt knee slightly
&5 Step Rt fwd, Step Lt to left (shoulder width apart)
6,7,8 Roll hips anti clockwise from Lt to Rt back to Lt (weight finishes on Lt)

Start again!

Restart: Wall 7 facing (6:00). Dance the first 15+ counts and then Restart, (12:00).

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