

Into The Blue

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Craig Bennett (UK) - March 2014
音乐: Into the Blue - Kylie Minogue : (Album: Kiss Me Once)



[1-8] Walk, Walk, Sailor 1/2, 1/2 turn, 1/4 turn, Cross shuffle

1,2 Walk forward right, Walk forward left
3&4 Step right behind left, Step left to left side making 1/4 turn right, Make a 1/4 turn right stepping forward onto right
5,6 Make a 1/2 turn right stepping back onto left, Make a 1/4 turn right stepping right to right side
7&8 Cross left over right, Step right to right side, Cross left over right

[9-16] Side rock, Behind side cross, Side rock, Sailor 1/2 turn

1,2 Rock right to right side, Recover back to left
3&4 Step right behind left, Step left to left side, Cross right over left
5,6 Rock left to left side, Recover Back to right
7&8 Step left behind right, Step 1/4 turn left right to right side, Make a 1/4 turn left stepping forward onto left

[17-24] Mambo forward, Coaster back, Step 1/4 turn, Cross shuffle

1&2 Rock forward onto right, Recover back onto left, Step back onto right
3&4 Step back onto left, Step right next to left, Step forward onto left
5,6 Step forward onto right, Make a 1/4 turn pivot left
7&8 Cross right over left, Step left to left side, Cross right over left

[25-32] Side behind, & Cross side, Sailor 1/4 turn, Rock recover

1,2 Step left to left side, Step right behind left
&3,4 Step left to left side, Cross right over left, Step left to left side
5&6 Step right behind left, 1/4 turn right stepping left to left, Step right next to left
7,8 Rock forward onto left, Recover back onto right

[33-40] Shuffle 1/2, Shuffle 1/2, Coaster step, Walk right, Walk left

1&2 Make a 1/2 turn left stepping forward onto left, Step right next to left, Step forward onto left
3&4 Make a 1/2 turn left stepping back onto right, Step back onto left, Step right next to left
5&6 Step back onto left, Step right next to left, Step forward onto left
7,8 Walk forward right, Walk forward left

[41-48] Cross hold, Side behind side, Cross rock, Side shuffle

1,2 Cross right over left, Hold
&3,4 Step left to left side, Step right behind left, Step left to left side
5,6 Cross rock right over left, Recover back onto left
7&8 Step right to right side, Step left next to right, Step right to right side

[49-56] Cross side, Behind side cross, Side rock, Sailor 1/2 turn

1,2 Cross left over right, Step right to right side
3&4 Cross left behind right, Step right to right side, Cross left over right
5,6 Rock right to right side, Recover back onto left
7&8 Step right behind left Make 1/2 turn left stepping left to left side, Step right to right

[57-64] Mambo forward, Rock back, Step 1/2 turn, Walk right, Walk left

1&2 Rock forward onto left, Step back onto right, Step back onto left
3,4 Rock back onto right, Recover forward onto left

5,6 Step forward onto right, Make a 1/2 turn pivot left
7,8 Walk forward right, Walk forward left
