

Promise

拍数: 32 墙数: 4 级数: Beginner
编舞者: Roy Hadisubroto (IRE) - March 2014
音乐: Promise (feat. Usher) - Romeo Santos



(BASIC BACHATA,)SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE, TOUCH.

- 1 Step R right side
- 2 Step L next to R
- 3 Step R to right side
- 4 Touch L to left side, (optional with hip press to the side)
- 5 Step L to left side
- 6 Step R next to L
- 7 Step L to left side
- 8 Touch R to right side (optional with hip press to the side)

STEP, TOGETHER, STEP, TOGETHER, ROCKSTEP, 1/2 TURN, TOUCH

- 1 Step R to right side
 - 2 Close L next to R
 - 3 Step L to left side
 - 4 Close R next to L
- ** RESTART: Wall 2**
- 5 Rock R backwards
 - 6 Recover back on L
 - 7 Turn 1/2 to the left and step R backwards
 - 8 Touch L next to R (optional with hip press to the side)

ROCKSTEP, 1/4 TURN, SIDE, TOUCH, THREE STEP TURN, TOUCH

- 1 Rock L backwards
- 2 Recover back on R
- 3 Turn 1/4 to the right and step L to left side
- 4 Touch R next to L (optional with hip press to the side)
- 5 Turn 1/4 to the right and step R forward
- 6 Turn 1/2 to the right and step L backwards
- 7 Turn 1/4 to the right and step R to right side
- 8 Touch L to left side (optional with hip press to the side)

ROCK, RECOVER, SAILOR, STEP, SAILOR, TOUCH

- 1 Rock L to left side
- 2 Recover back on R
- 3 Cross L behind R
- 4 Step R to right side
- 5 Step L diagonally forward to the L
- 6 Cross R behind R
- 7 Step L to left side
- 8 Touch L next to R (optional with hip press to the side)

START AGAIN

Note: in the music there's a little hold before starting again.
You will hear the artist say. "Hey Romeo talk to me..."
Do the full dance and then Restart after 12 counts.

