I Started A Joke



编舞者: Frank Trace (USA) - March 2014 音乐: I Started a Joke - Pet Shop Boys



Intro: Start after 24 counts on vocal.

CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS, 1/4 TURN LEFT, TRIPLE 3/4

1-2 Cross rock R over L, recover onto L3&4 Side shuffle right stepping R, L, R

5-6 Cross step L over R, turn ¼ left and step back on R
7&8 Triple step making a ¾ turn left stepping L, R, L (12:00)

Easier option:

5-6 Cross step L over R, step R to right side

7&8 Step L behind R, step R to side, cross step L over R

SIDE ROCK, RECOVER, CROSS SHUFFLE, RIGHT HINGE TURN 1/4, 1/4, SHUFFLE FORWARD

1-2 Rock R to right side, recover onto L
3&4 Cross shuffle R over L stepping R, L, R

5-6 Step back on L turning ¼ right, step R to right side turning ¼ right

7&8 Shuffle forward stepping L, R, L (6:00)

STEP FORWARD DIAGONALLY RIGHT, TOUCH, SIDE SHUFFLE DIAGONAL, STEP BACK DIAGONALLY RIGHT, TOUCH, SHUFFLE FORWARD

1-2 Step R diagonally forward right, touch L next to R
3&4 Side shuffle left at a diagonal back, stepping L, R, L
5-6 Step R back at a diagonal right, touch L next to R

7&8 Shuffle forward stepping L, R, L as you square up with back wall (6:00)

(The above steps are like a modified "K Step")

ROCK, RECOVER, TRIPLE ½ TURN, PIVOT ½, SHUFFLE DIAGONALLY LEFT

1-2 Rock R forward, recover onto L

3&4 Triple step turning ½ right stepping R, L, R (12:00)

5-6 Step L forward, pivot ½ turn right

7&8 Shuffle forward at a left diagonal, stepping L, R, L

REPEAT

TAG: On second wall, do first 24 counts then add Tag and Restart dance facing 12:00. ROCKING CHAIR

1-4 Rock forward on R, recover on L, rock back on R, recover on L

^{*} TAG with RESTART: Happens here one time on second wall facing 12:00.