Learn To Dance

拍数: 64

级数: Improver

编舞者: Marie Sørensen (TUR) - March 2014

音乐: Learn to Dance - Heartbeat : (Album: The Secret - iTunes)

Intro: 16 Counts

VINE, CROSS, SCISSOR STEP, HOLD

- 1-2 Step right to right side, cross left behind right
- 3-4 Step right to right side, cross left over right
- 5-6 Rock right to right side, step left next to right
- 7-8 Cross right over left, hold (12:00)

SCISSOR STEP, HOLD, VINE 1/4 TURN RIGHT, BRUSH

- 1-2 Rock left to left side, step right next to left
- 3-4 Cross left over right, hold
- 5-6 Step right to right side, cross left behind right
- 7-8 1/4 turn right, step fwd. right, brush left fwd. (03:00)

ROCK, RECOVER, LOCK STEP BACK, LOCK STEP BACK

- 1-2 Rock fwd. left, recover
- 3-4 Step back on left, lock right in front of left
- 5-6 Lock back on left, step back on right
- 7-8 Lock left in front of right, step back on right (03:00)

CROSS, SWEEP, CROSS, SWEEP, JAZZ BOX, CROSS

- 1-2 Cross left over right, sweep right in front of left
- 3-4 Cross right over left, sweep left in front of right
- 5-6 Cross left over right, step back on right
- Step left next to right, cross right over left (03:00) 7-8

SIDE, SLIDE, BACK ROCK, RECOVER, 1/4 TURN, HOLD, SWAY, SWAY

- 1-2 Step left a big step to left, drag right up to left
- 3-4 Back rock right, recover
- 5-6 1/4 turn right, step fwd. right, hold
- 7-8 Sway left, sway right (06:00)

CROSS SHUFFLE, SWEEP, CROSS SHUFFLE, SWEEP

- 1-2 Cross left in front of right, step right to right side
- 3-4 Cross left in front of right, sweep right from back to front
- 5-6 Cross right over left, step left to left side
- 7-8 Cross right over left, sweep left from back to front (06:00)

WEAVE 1/4 TURN RIGHT, ROCKIN` CHAIR

- 1-2 Cross left over right, step right to right side
- Cross left behind right, 1/4 turn right, step fwd. right 3-4
- 5-6 Rock fwd. left, recover
- 7-8 Rock back on left, recover (09:00)

LOCK STEP FWD. LEFT, BRUSH, JAZZ BOX, CROSS

- 1-2 Step fwd. left, lock right behind left
- 3-4 Step fwd. left, brush right fwd.





墙数:4

- 5-6 Cross right over left, step back on left
- 7-8 Step right next to left, cross left over right (09:00)

TAG: After wall 3 - 4 counts tag, sway right, left, right left -Then start the dance from the beginning - Facing 03:00

NOTE - This dance is written by request from Ilse Hamers from Holland, a big thanks to "Heartbeat Duo" from Australia for sharing this lovely song with us.

Have Fun!

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