

Coconut Dance

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Beate Keller (DE) - February 2014
音乐: Coconut Water - Robert Mitchum : (2:41)



Start: 16 counts intro, (1 count before the vocals begin)

(1-8) BACK ROCK, RECOVER, KICK FWD, HOLD, BACK ROCK, RECOVER, STEP FWD, HOLD

1 2 3 4 RF rock back, LF recover, RF kick fwd, hold
5 6 7 8 RF rock back, LF recover, RF step fwd, hold

(9-16) MAMBO L, HOLD, MAMBO R, HOLD

1 2 3 4 LF rock side left, RF recover, LF close together, hold
5 6 7 8 RF rock side right, LF recover, RF close together, hold

(17-24) STEP SIDE L, TOGETHER, STEP SIDE L, FLICK, STEP SIDE R, TOGETHER, STEP SIDE R, TOGETHER

1 2 3 4 LF step side left, RF step together, LF step side left, RF flick behind LF
5 6 7 8 RF step side right, LF step together, RF step side right, LF step together

(25-32) STEP ½ TURN L, RECOVER, STEP FWD, HOLD, STEP ¼ TURN R, RECOVER, TOGETHER, HOLD

1 2 3 4 RF step fwd and ½ turn left, LF recover, RF step fwd, hold (6:00)
5 6 7 8 LF step fwd and ¼ turn right, RF recover, LF close together, hold (9:00)

Start again

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