

Just Creepin'

拍数: 32 墙数: 4 级数: Improver
编舞者: Celia Stevens (NZ) - January 2014
音乐: Creepin' - Eric Church : (CD: Chief)



Intro 32 counts, start on vocals

This dance is done in all four directions rotating clockwise:

[1 – 8] TOE, HEEL, TOE STRUT, TOE, HEEL, TOE STRUT:

1, 2, 3, 4 Touch R toe in, Touch R heel in, Touch R toe forward, Drop R heel
5, 6, 7, 8 Touch L toe in, Touch L heel in, Touch L toe forward, Drop L heel

[9 – 16] POINT SIDE, TOG, HEEL, TOG, HEEL-RISE HITCH-ACROSS, COASTER BACK:

1, 2, 3, 4 Point R toe side, Step R together, Touch L heel forward, Step L together
5&6 Touch R heel forward, Rise up on ball of L toe & Hitch R up, Step R over
7&8 Step L back, Step R together, Step L forward

[17 – 24] STEP-PIVOT-STEP, RUN, RUN, RUN, MAMBO STEP, SAILOR:

1&2 Step R forward, Turn ½ left weight L, Step R forward [6:00]
3&4 Step L forward, Step R forward, Step L forward
5&6 Step R forward, Recover weight L, Step R back
7&8 Step L behind, Step R side, Step L side

[25 – 32] BEHIND-SIDE-CROSS, SIDE-ROCK-CROSS, SIDE SHUFFLE, ¼ COASTER FWD:

1&2 Step R behind, Step L side, Step R over
3&4 Step L side, Recover weight R, Step L over
5&6 Step R side, Step L together, Step R side
7&8 Step L behind, Turn ¼ left step R together, Step L forward [3:00]

[33 – 36] STEP-PIVOT-STEP, STEP-PIVOT-STEP, KICK BALL STEP:

1&2 Step R forward, Turn ½ left weight L, Step R forward [9:00]
3&4 Step L forward, Turn ½ right weight R, Step L forward [3:00]
5&6 Kick R forward, Step R together, Step L forward

[36] Repeat & Enjoy!

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