

Yesterday's News

COPPER KNOB
STEPPERS

拍数: 48 墙数: 4 级数: Improver
编舞者: A. J. Herbert (USA) - November 2013
音乐: Yesterday's News - Restless Heart : (Album: Still Restless)



Intro 32 counts, start on vocals at the word "clock"

[1-8] R DIAGONAL HEEL BOUNCES, L CROSS-ROCK, R RECOVER, L STEP, R TOUCH

1-4 R step diagonal right (1), R heel bounce twice (2) (3), R step down in place (4)
5,6 L rock step across R (5), R recover (6)
7,8 L step left side (7), R touch next to L (8)

[9-16] 1/4 RIGHT VINE, L TOUCH, WALK BACK L-R-L-R

1,2 R step side right (1), L step across behind R (2)
3,4 R step forward turning 1/4 right (3), L touch next to R (4)
5-8 Walk back L, R, L, R (5) (6) (7) (8)

[17-24] L DIAGONAL HEEL BOUNCES, R CROSS-ROCK, L RECOVER, R STEP, L TOUCH

1-4 L step diagonal left (1), L heel bounce twice (2) (3), L step down in place (4)
5,6 R rock step across L (5), L recover (6)
7,8 R step right side (7), L touch next to R (8)

[25-32] 1/4 LEFT VINE, R TOUCH, WALK BACK R-L-R-L

1,2 L step side left (1), R step across behind L (2)
3,4 L step forward turning 1/4 left (3), R touch next to L (4)
5-8 Walk back R, L, R, L (5) (6) (7) (8)

[33-40] RIGHT CHASSE, ROCK RECOVER, LEFT WEAVE

1&2 R step side right (1), L step next to R (&), R step side right (2)
3,4 L rock step behind R (3), R recover (4)
5,6 L step side left (5), R step behind L (6)
7,8 L step side left (7), R step across L (8)

[41-48] LEFT CHASSE, ROCK-RECOVER, 1/4 RIGHT WEAVE

1&2 L step side left (1), R step next to L (&), L step side left (2)
3,4 R rock step behind R (3), L recover (4)
5,6 R step side right (5), L step behind R (6)
7,8 R step forward turning 1/4 right (7), L step forward (8)

This may look like a lot of Restarts, but give it a try - it fits right in with the music and you'll hear it!

4th round Restart: Facing 9 o'clock, do first 12 counts through 1/4 right vine, changing L touch to L step forward, and start again facing 12 o'clock.

7th round Restart: Facing 6 o'clock, omit the last four counts (1/4 right weave) and restart after left chasse, rock-recover.

8th round Tag/Restart: Facing 6 o'clock, after the walk back R-L-R-L (counts 25-32),

The music will pause for 4 counts: Hold, or do hip bumps, or shimmy (your choice!) then Restart.

HAVE FUN!

Contact: theherberts@earthlink.net