

I Don't Dance

COPPER KNOB
STEP SHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Gail Smith (USA) - February 2014
音乐: I Don't Dance - Lee Brice



Intro: 32 Counts - Start on vocals. No Tags or Restarts.

R & L WIZZARDS, FWD ROCK-REC, R COASTER STEP

1 - 2- & Step R to fwd R diagonal, step L behind, step R to side and slightly fwd
3 - 4- & Step L to fwd L diagonal, step R behind, step L to side and slightly fwd
5 - 6 Rock R fwd, recover onto L
7 & 8 Step R back, step L together, step R fwd [12:00]

STEP, PIVOT 1/2, SHUFFLE 1/2 TURN, SHUFFLE 1/2 TURN, L FWD MAMBO

1 - 2 Step L fwd, pivot 1/2 turn R
3 & 4 Turning over R shoulder - shuffle 1/2 turn, stepping L, R, L
5 & 6 Turning over R shoulder - shuffle 1/2 turn, stepping R, L, R
7 & 8 Rock L fwd, recover onto R, step L back [6:00]

(NON-TURNING OPTION for counts 3 - 6 ----- two shuffles fwd L & R)

POINTS FWD & SIDE, R SAILOR 1/4 TURN, SKATES L & R, L SHUFFLE

1 - 2 Touch R toes fwd, touch R toes out to side
3 & 4 Turn 1/4 R and step R behind L, step L to side, step R to side [9:00]
5 - 6 Skate L, skate R
7 & 8 Shuffle L, R, L (continue the skating motion and shuffle towards L corner)

SYNCOATED CROSS-ROCKS, STEP PIVOT 1/2, FULL TURN

1 - 2 Rock R across L, recover onto L
& 3 - 4 Step R to side, rock L across R, recover onto R
& 5 - 6 Step L to side, step R fwd, pivot 1/2 turn over L shoulder
7 - 8 Turn 1/2 L stepping back onto R foot, turn 1/2 L stepping fwd onto L foot [3:00]

(NON-TURNING OPTION for counts 7 - 8 ----- two walks fwd R, L)

REPEAT

ENDING: The dance will end after the first 8 counts, facing the 3:00 wall. To end facing the front, alter the coaster step.

(7) - Step R back, (&) turn 1/4 L and step L to side, (8) step R across L

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Last Update - 4th April 2014