

TETR4 (Tetra)

COPPER KNOB
BY STEPHEN METZ

拍数: 32 墙数: 2 级数: Intermediate Funky WCS
编舞者: Charles Alexander (SWE) - February 2014
音乐: Down the Road - C2C : (CD: Tetra - TETR4 - 3:24)



Intro: 32 counts, approx. 18 sec – 111 bpm
Dance starts 32 counts before vocals

[1 – 8] SIDE, BEHIND-SIDE, CROSS ROCK & BACK ROCK & CROSS/SWEEP, CROSS, JUMP x3

1-2& Step right to right side. Step left behind right. Step right to right side
3&4& Rock left over right. Recover onto right. Rock left diagonally back. Recover onto right.
5-6 Cross left over right while sweeping right from back to front. Cross right over left.
7&8 Jump three times slightly diagonally forward on left foot, while keeping right leg straight and slightly lifted from the floor. (Angling body to 10.30)

* Restart Wall 5 (facing 12.00)

[9 – 16] HITCH/JUMP, SLIDE, LEFT SAILOR STEP, GRIND LEFT, GRIND RIGHT, BEHIND-SIDE-CROSS

1-2 Hitch right leg with a small jump on left foot. Step/slide right diagonally back right.
3&4 Step left behind right. Step right to right side. Step left to left side.
5-6 Grind left heel in place, toes goes right-left, taking weight on right. Grind right heel in place, toes goes left-right, taking weight on left.
7&8 Step right behind left. Step left to left side. Cross right over left.

* Restart Wall 9 (facing 6.00)

[17 – 24] DIAGONAL STEP FORWARD, TOUCH-BALL-BACK, HOLD, SIDE WITH ARMS, HOLD, TOES-HEELS-TOES

1 Step left diagonally forward left. [Angling body to 10.30]
2&3-4 Touch right beside left (2). Step back on right ball (&). Step back on left starting a body roll back (3). Hold and finish body roll (4). [10.30]
5-6 Step right to right side (squaring up to 12.00) while starting lifting arms out to both sides of body. Hold and finish lifting arms bent at elbows with hands at head height, palms facing down.
7&8 With arms still up: Swivel toes to right. Swivel heels to right. Swivel toes to right.

[25 – 32] KICK & POINT & POINT & KICK & STEP, 1/2 TURN, STEP, HITCH

1&2& Kick left forward. Step left beside right. Point right to right side. Step right beside left.
3&4& Point left to left side. Step left beside right. Kick right forward. Step right beside left.
5-6 Step left forward. Make 1/2 turn right shifting weight to right. [6.00]
7-8 Step/slide left forward. Hitch right.

TAG / RESTARTS:

At wall 5, dance up to count 6 (heel grind) then add the following steps:
Step left to left side with arms as count 22 (7). Pop chest forward (&). Center chest (8).
Then Restart dance (facing 12.00)

At wall 9, dance up to count 7& (behind-side), hitch right (8) and Restart dance (facing 6.00).

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