

Calling All Hearts

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Bracken Heidenreich (USA) - February 2014
音乐: Calling All Hearts (feat. Robin Thicke & Jessie J) - DJ Cassidy : (iTunes)



Intro: 32 counts

BALL CROSS, QUARTER, STEP PIVOT STEP, FULL TURN, SIDE ROCK CROSS

&1,2 & step ball of right foot behind left foot; step left foot across right; make 1/4 turn right and step right forward (3:00)
3&4 Step left forward; & pivot half turn right; step left forward (9:00)
5,6 Make 1/2 turn left and step right back; make 1/2 turn left and step left forward (9:00)
7&8 Make 1/4 turn left and rock right foot to right; & recover to left in place; step right across left (6:00)

BUMP LEFT, 1/2 TURN BUMP RIGHT, SAILOR STEP, TOUCH BEHIND, UNWIND 3/4

1,2 Bump hip left; step left foot to left side
3,4 Make 1/2 turn left and bump hip to right; step right foot to right side (12:00)
5&6 Step left foot behind right foot; & step right foot to right side; step left foot to left side
7,8 Touch right foot behind left foot; unwind 3/4 turn to right taking weight onto right foot (9:00)

BALL CHANGE, STEP, QUARTER PIVOT CROSS, KICK, BACK, TOUCH, BUMP AND BUMP

&1,2 step ball of left foot back; step right foot in place; step left foot forward
3&4 Step right foot forward; & make 1/4 pivot left taking weight onto left foot; step right foot across left foot (6:00)
5&6 Kick left foot forward to left diagonal; & step left foot back on diagonal; touch right foot forward to left diagonal (4:30)
7&8 bump hips up; & bump hips down; bump hips up

BALL CHANGE STEP, HALF, BACK, BALL CHANGE, STEP, HALF, 3/8

&1,2 & step ball of right foot back (still on diagonal); step left foot forward; step right foot forward (still on diagonal)
3,4 Make 1/2 turn right and step left back; step right back (10:30)
&5,6 & step ball of left foot back (still on diagonal); step right foot forward; step left foot forward (still on diagonal)
7,8 Make 1/2 turn left and step right back; make 3/8 turn left and step left to left side (3:00)

Contact: bracken@moveinline.com

Last Update - 8th March 2014