

Hold On Tight

COPPER KNOB
BY STEPHENETS

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Donna Oliver (USA) - February 2014
音乐: I Hold On - Dierks Bentley



Start on Lyrics

WALK, TRIPLE, ROCK / RECOVER TRIPLE 1/4 TURN

1, 2 Walk forward Right, Left
3&4 Triple in place (R, L, R)
5,6 Rock to Left Side, Recover to Right
7&8 Step Left foot behind Right, turn 1/4 to right turn stepping on Right, Step Left beside Right

POINT, COASTER, WALK, TRIPLE

1,2 Point Right Toe forward, Point Right to Right Side
3&4 Coaster Back (R, L, R)
5,6 Walk forward, L, R
7&8 Triple forward (L, R, L)

STEP PIVOT 1/2, TRIPLE, ROCK/RECOVER, 1/4 TURN

1,2 Step forward on Right, Pivot 1/2 turn Left
3&4 Triple forward (R, L, R)
5,6 Rock to Left Side, Recover to Right
7&8 Step Left foot behind Right, turn 1/4 to right turn stepping on Right, Step Left beside Right

1/4 MONTEREY TURN, SAILOR RIGHT, SAILOR LEFT

1-4 Point Right to right side, making a 1/4 turn to right stepping on Right, Point Left toe to left side, Stepping on Left
5&6 Right Sailor (Step Right foot behind left, step left beside right, Step Right beside Left)
7&8 Left Sailor (Step Left foot behind right, step right beside left, Step Left beside Right)

Start Dance again

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