

# No Limits!

**COPPER** KNOB  
BY STEPHEN BATES

拍数: 32      墙数: 4      级数: Easy Intermediate  
编舞者: Tim Gauci (AUS) - February 2014  
音乐: Everything Is Allowed - Timomatic : (Single - iTunes)



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## [1-8] FWD, ROCK, COASTER STEP, HEEL, TOG, HEEL, TOG, CROSS, SIDE

123&4      Step L fwd, rock weight back onto R, step L back, step R tog (&), step L fwd  
5&6&78      Touch R heel fwd, step R tog (&), touch L heel fwd, step L tog (&), cross R over L, step L to L

## [9-16] SAILOR STEP, BEHIND, SWEEP, BEHIND, SIDE, CROSS, SIDE, ROCK

1&234      Step R behind L, step L to L (&), step R slightly to R side, step L behind R, sweep R around  
(front to back)  
5&678      Step R behind L, step L to L (&), step cross R over L, step L to L, rock weight onto R

## [17-24] CROSS SHUFFLE, ¼, ½, FWD, ROCK, 1½ TURN

1&234      Cross shuffle L over R, making ¼ turn L step R back, making ½ turn L step L fwd  
567&8      Step R fwd, rock weight back onto L, making 1 ½ turn R step RLR (or ½ turn shuffle R)

## [25-32] FWD, ROCK, TOG, BACK, BACK, COASTER STEP, HEEL BALL STEP

12&34      Step L fwd, rock weight back onto R, step L tog (&), step R back, step L back  
5&67&8      Step R back, step L tog (&), step R fwd, touch L heel fwd, step L tog (&), step R fwd

[32 Beats] Repeat dance in new direction

Restarts: On walls 5 and 10 (both facing front) – dance up to beat 16 and Restart dance again from beginning.

Enjoy

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