

Hey Go

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Scott Blevins (USA) - January 2014
音乐: The Walker - Fitz and The Tantrums : (Album: More Than Just a Dream)



32 count intro to start on the lyric "Crazy"

[1-8] SIDE ROCK, RECOVER, COASTER STEP, STEP FWD, PIVOT ½, ½ RIGHT, STEP BACK

1, 2 1) Rock R to right; 2) Recover to L
3&4 3&4) R Coaster Step: Step R back, Step L next to R, Step R forward
5, 6 5) Step forward L; 6) Turn ½ right, taking weight forward on R [6:00]
7, 8 7) Turn ½ right stepping L back [12:00]; 8) Step R back

[9-16] OUT, OUT, STEP FWD, SHUFFLE FWD, STEP FWD, HOLD, STEP FWD, PIVOT ½

&1, 2 &) Step L slightly out; 1) Step R slightly out; 2) Step L forward
3&4 3&4) Triple step forward, R-L-R
5, 6 5) Step L forward; 6) Hold
7, 8 7) Step R forward; 8) Turn ½ left taking weight forward on L [6:00]

[17-24] ½ LEFT, HOLD, SHUFFLE BACK, BACK ROCK, RECOVER, SHUFFLE FWD

1, 2 1) Turn ½ left stepping R back [12:00]; 2) Hold
3&4 3&4) Triple step back L-R-L;
5-6 5) Rock R back; 6) Recover weight forward on L
7&8 7&8) Triple step forward R-L-R

[25-32] ¼ HIP, RECOVER, ¼ HIP, RECOVER, BIG SIDE STEP, DRAG, BACK ROCK, RECOVER

1, 2 1) Turn ¼ right rocking L to left and pushing L hip to left [3:00]; 2) Recover to R
3, 4 3) Turn ¼ right rocking L to left and pushing L hip to left [6:00]; 4) Recover to R
5-6 5) Turn ½ right stepping L a big step to left [12:00]; 6) Drag R toward L
7, 8 7) Rock R behind L; 8) Recover weight to L

[33-40] ¼ SHUFFLE FWD, ½ SHUFFLE BACK, BACK ROCK, RECOVER, WALK, WALK

1&2 1&2) Turn ¼ right and triple step forward R-L-R [3:00]
3&4 3&4) Turn ½ right and triple back L, R, L [9:00]
5, 6 5) Rock R back; 6) Recover weight forward to L
7, 8 7-8) Walk forward R, L with "style"

[41-48] FWD ROCK, RECOVER, BACK ROCK, RECOVER, STEP, PIVOT ½, ¼ LEFT, HOLD

1, 2 1) Rock R forward; 2) Recover back to L
3, 4 3) Rock R back; 4) Recover forward to L
5, 6 5) Step R forward; 6) Turn ½ left taking weight forward to L [3:00]
7, 8 7) Turn ¼ left stepping R to right side [12:00]; 8) Hold

**** During 5th rotation, you will restart the dance here from the top. See note below.**

[49-56] LEFT SAILOR, RIGHT SAILOR ¼ TURN, STEP, PIVOT ½, ¼ RIGHT, HOLD

1&2 1&2) L Sailor Step: Step L behind R; Step R slightly to right; Step L to left
3&4 3&4) R Sailor Step: Step R behind L; Step L slightly to left; Turn ¼ right stepping R forward [3:00]
5, 6 5) Step L forward; 6) Turn ½ right taking weight forward on R [9:00]
7, 8 7) Turn ¼ right stepping L to left [12:00]; 8) Hold

[57-64] STEP BACK, DRAG, STEP BACK, DRAG, BACK ROCK, RECOVER, WALK, WALK, ¼ LEFT

1-2 1) Step R back; 2) Drag L back

3-4 3) Step L back; 4) Drag R back
5, 6 5) Rock R back; 6) Recover weight forward to L
7, 8 7-8) Walk forward R, L
& &) Turn $\frac{1}{4}$ left [9:00] and start dance from the top with R side rock, making this is your "new"
 [12:00] wall for next rotation

**** Restart: The Restart will happen on the 5th rotation.**

Dance the first 48 counts and Restart from the beginning. Transfer weight to L on count 48 where you would normally hold.

You will be facing the original 12 O'clock

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