

La Cha Cha

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver - Progressive Cha Cha
编舞者: Peter Davenport (ES) - February 2014
音乐: La Llama - Chris Ice : (Album: The Best Of Explosion Latin Pop, El Major Latin Pop)



32 Count Intro, Approx 16 Seconds, Start the Count Just After He Exhales

S1: Step, Rock Replace, Chasse ½ L, Side Rock, Behind Side Cross

1,2,3 Step R to R, Rock L over R, Recover on R 12
4&5 ¼ L step on L, ¼ L step on R, Cross L over R 6
6,7 Side Rock R to R, Recover on L 6
8&1 Cross R behind L, Step L to L, Cross R over L 6

S2: ¼ ¼ R, Kick & Point, ¼ R Point, Kick Ball Back, Walk Back

2,3 ¼ R step back on L, ¼ R step R to R 12
4&5& Kick L forward, Bring L to R, Point R out to R, ¼ R Bring R to L 3
6&7& Point L to L, Bring L to R, Kick R forward, Ball of R Bring R to L 3
8&1 Step L back, Walk back R, Walk back L 9

S3: ½ R Walk R.L Forward Lock, Rock Replace, Back Lock

2,3 Reverse ½ R step on R, Walk forward L 9
4&5 Step forward on R, Lock L behind R, Step Forward on R 9
6,7 Rock Forward on L, Recover on R 9
8&1 Step back on L, Lock R over L, Step back on L 9

(use this section to give your hips a good work out in Latin style)

S4: Back Rock, Shuffle ½ L, Touch Back ½ L, Pivo ½

2,3 Rock back on R, Recover on L 9
4&5 Shuffle ½ turn L, Step R.L.R 3
6,7 Touch L toe back, ½ L step on L 9
8& Step on R, Pivot ½ L (weight on L) 3

No Tags No Re-Starts

Just danced with a whole lot of Energy & Vigour

“Gracias”

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