

# Utopia

拍数: 48      墙数: 2      级数: Intermediate  
编舞者: Marja Urgert (NL) - February 2014  
音乐: Say Heaven Say Hell - Miss Montreal



## Intro: 16 Counts

### R Rock Step Fwd X2 , Recover, & L Rock Step Fwd, Recover, L Back Lock Step, Step R Back, Hip Bums

1-2 &      Rock right fwd, Recover , & Step right next to left  
3-4      Rock left fwd, Recover  
5&6      Step left back, & Cross right over left, Step left back  
7&8      Step left back bump hips back, & Bump hips fwd, Bump hips back

### L Side Rock With ¼ Turn R, Recover, Behind Side Cross, R Side Rock, Recover, R Cross Shuffle

1-2      ¼ Turn R rock left to left side, Recover (3:00)  
3&4      Cross left behind right, & Step right to right side, Cross left over Right  
5-6      Rock right to right side, Recover  
7&8      Cross right over left, & Step left to left side, Cross right over left

### & Step R Back, Heel & Toe & Heel, & Cross, & Step L Back, Heel & Toe & Heel, & Cross

&-1&2      & Step left back, Touch right heel fwd, & Step right together, Touch left toe back  
&-3&4      & Step left back, Touch right heel fwd, & Step right together, Cross left over right  
&-5&6      & Step right back, Touch left heel fwd, & Step left together, Touch right toe back  
&-7&8      & Step right back, Touch left heel fwd, & Step left together, Cross right over left

### Chasse L, Back Rock Step, Recover, ¼ Turn L, ½ Turn L, R Shuffle, & Step L Together

1&2      Step left to left side, & Step left together, Step left to left side  
3-4      Rock right back, Recover  
5-6      ¼ Turn left step right back, ½ Turn left step left fwd (6:00)  
7&8&      Step fwd on right, & Step left together, Step fwd on right, & Step left together

### Heel & Heel, & Point & Point, & Cross Heel Grind, ¼ Turn R, R Coaster Step, Heel Ball Cross

1&2&      Touch right heel fwd, & Step right together, Touch left heel fwd, & Step left together  
3-4      Dig right heel across left fan right toes to right, ¼ Turn right step left back (9:00)  
5&6      Step right back, & Step left together, Step right fwd  
7&8      Touch left heel diagonal left fwd, & step left together, Cross right over left

### L Side Rock, Recover, & Together, R Side Rock, Recover, & Together, L Step Fwd, ½ Turn R, L Step Fwd, ¼ Turn R, & Step L Together

1-2&3-4&      Rock left to left side, Recover, & Step left together, Rock right to right side, Recover, & Step right together  
5-6-7-8&      Step fwd on left, ½ Turn right, Step fwd on left, ¼ Turn right, & Step left together (6:00)

### TAG & RESTART: During Wall 4 dance up to count 24 (9:00)

&      Step left fwd with ¼ turn left (6:00)

### TAG & RESTART: During Wall 7 dance up to count 40 (3:00)

&1      Step left fwd with ¼ turn left, Touch right next to left (12:00)  
2-3-4      Hold, Rock back on right, Recover

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