

# Banana Pancakes

COPPER KNOB  
STEP SHEETS

拍数: 32      墙数: 2      级数: High Improver / Intermediate  
编舞者: Alan Spence (UK) - February 2014  
音乐: Banana Pancakes - Billy Currington : (CD: We Are Tonight)



**Intro 48 Count ( Start after the word Baby ) 28 seconds - BPM 114 - No Tags or Restarts**

## Side Behind and Cross x2, Side Rock

1 2 & 3      Step Right to Right Side, Step Left Behind Right, Step Right to Right Side, Cross Left Over Right,  
4 5 & 6      Step Right to Right Side, Step Left behind Right , Step Right to Right Side , Cross Left Over Right,  
7 8      Rock Right to Right Side, Recover on Left

## Cross Shuffle, 1/4 Turn Shuffle, Touch Back 1/2 Turn, Walk x2

1 & 2      Cross Right Over Left, Step Left to Left Side , Cross Right Over Left,  
3 & 4      Make 1/4 Turn Right Stepping back on Left, Step Right Beside Left, Step back Left,  
5 6      Touch Right Toe Back, Make Half Turn Right, ( Weight on Right )  
7 8      Walk Forward Left Right

## Cross Rock and Cross Shuffle, Side Rock, 1/4 Turn Sailor Cross

1 2      Cross Rock Left Over Right, Recover on Right  
&3&4      Step Left beside Right, Cross Right Over Left, Step Left to Left Side, Cross Right Over left  
5 6      Rock Left to Left Side, Recover on Right  
7 & 8      Making 1/4 Turn Left Sweep Left Behind Right, Step Right to Right Side, Cross Left Over Right,

## Side Rock , Syncopated Jazz Box, Touch Sway

1 2      Rock Right to Right Side, Recover on Left  
3 4      Cross Right over Left, Step Back on Left  
&5 6      Step Right Beside Left, Cross Left Over Right, Step Right to Right Side  
7 8      Touch Left Beside Right , Sway Left Stepping Left to Left Side

## Start Again and Enjoy

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