

Achy Breaky 2

拍数: 64 墙数: 2 级数: Beginner
编舞者: Durline Dunham Melanson (CAN) - February 2014
音乐: Achy Breaky 2 (feat. Billy Ray Cyrus) - Buck 22



8 Count Intro. Begin on Whistling of "Achy Breaky"

PART 1 - "NEW ACHY BREAKY" (32 counts - 1 wall dance)

Vine Right & Double Bumps

1-4 Step R foot to R side, Step L foot behind R leg, Step R foot to R side, Touch L foot next to R

5-6 Step L foot to L, Bump hips to L two times

(Pump R hand up over head two times if you like)

7-8 Bump hips to R side two times and shift weight to R leg

(Pump R hand up over head two times if you like)

4 Cross Ball Changes (Sailor Shuffles) with Thumbs in pockets

9 & 10 Cross L foot behind R foot, Step R next to L, Step L next to R

11 & 12 Cross R foot behind L foot, Step L next to R, Step R next to L

13 & 14 Cross L foot behind R foot, Step R next to L, Step L next to R

15 & 16 Cross R foot behind L foot, Step L next to R, Step R next to L

Vine Left, ½ Pivot Turn (CCW)

17-20 Step L foot to L side, Step R behind L, Step L to L side, Touch R foot next to L

21-24 Step forward on R foot, ½ Pivot Turn to left (CCW) to face back, Step in place on L foot ,
Step forward on R, Touch L foot next to R

25-32 (Repeat Counts 17-32 except end with a Step on L foot on count 32 instead of a Touch)

PART 2 - "BUCK'S BOOGIE" (32 counts - 2 wall dance)

Weave Right & Slap Knee Twice

1-4 Step R foot to R side, Step L foot behind R, Step R foot to R side, Step L foot in front of R
foot

5-6 Step R foot to R side, Raise L knee parallel to dance floor - Slap knee with R hand

7-8 Point L toe to L side, Raise L knee parallel to dance floor - Slap knee with R hand

1/4 Hitch Turn (CW), 2 Steps back & 2 Pivot Turns (CCW)

9-10 Step on L foot to L making 1/4 right Turn (CW) Hitch R knee parallel to dance floor

11-12 Step back on R foot, Step back on L foot

13-14 Step forward on R foot, ½ left Pivot Turn (CCW) Step in place on L foot

15-16 Step forward on R foot, 1/4 Pivot Turn to L (CCW) Step in place on L foot

Double Bumps & Single Bumps (or Give It Your Best Twerk!)

17-20 Put hands on knees (or just above) Bump hips to R two times, Bump hips to L two times

21-24 Single Bump hips to R, L, R, L (...or Try Your Twerk on counts 17-24)

Heel Cross, Heel Step & Full Turn (CCW)

25-26 Touch R Heel diagonally to R front, Bend R knee & Cross R in front of L

27-28 Touch R Heel diagonally to R front, Step R foot next to L foot

29 Step on L foot to L beginning CCW Turn on ball of L foot

30 Step on R when facing back, Pivot on around to front on ball of R foot

31 Step on L foot to L side to end Full Turn

32 Touch R foot next to L

DANCE SEQUENCE: 1, 2, 1, 2, 1, 1, 2, 1, 2, 1, 2, 1, 2

(Dance ends facing back. Thumbs in pockets.)

Enjoy! :-)

Contact: transworld@ns.sympatico.ca
