

Para de ti

拍数: 32 墙数: 4 级数: High Beginner
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音乐: Para Llenarme de Ti - Ramón



START; After Count 8

WALK FORWARD BACKWARD , MAMBO , COASTER STEP

1 step Rf forward
2 step Lf forward
3 rock Rf forward
& recover Lf
4 close Rf beside Lf
5 step Lf backward
6 step Rf backward
7 step Lf backward
& close Rf beside Lf
8 step Lf forward

SIDE, CLOSE, CHASSE, CROSS ROCK , RECOVER , TURN ¼ LEFT , SAILOR

1 step Rf to side R
2 close Lf beside Rf
3 step Rf to side R
& close Lf beside Rf
4 step Rf to side R
5 cross rock Lf over Rf
6 recover Rf
7 Rf turn ¼ L cross Lf behind Rf
& step Rf to side R
8 step Lf to side L

CROSS SHUFFLE RF-LF , GRAPEVINE , TOUCH , SIDE

1 cross Rf over Lf
& ball Lf behind Rf
2 cross Rf over Lf
3 cross Lf over Rf
& ball Rf behind Lf
4 cross Lf over Rf
5 step Rf to side R
6 step Lf behind Rf
7 step Rf to side R
8 touch Lf to side L

TURN ¼ LEFT , TURN ½ LEFT , TURN ¼ LEFT , CHASSE , CROSS ROCK , RECOVER , SIDE

1 Rf turn ¼ L step Lf forward
2 Lf turn ½ L step Rf backward
3 Rf turn ¼ L step Lf to side L
& close Rf beside Lf
4 step Lf to side L
5 cross rock Rf over Lf
& recover Lf
6 step Rf to side R

7 cross rock Lf over Rf
& recover Rf
8 step Lf to side L

TAG ON WALL 5 (12 : 00)

MAMBO FORWARD - BACKWARD,TURN ¼ LEFT , MAMBO SIDE R-L

1 rock Rf forward
& recover Lf
2 close beside Lf
3 rock Lf backward
& recover Rf
4 close beside Rf
5 Lf turn ¼ L step Rf to side R
& recover Lf
6 close beside Rf
7 step Lf to side L
& recover Rf
8 close beside Lf

BOTAFOGO 2 X

1 cross Rf over Lf
& ball Lf to side L
2 step Rf to side R
3 cross Lf over Rf
& ball Rf to side R
4 step Lf to side L

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