

Brave

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Richard Palmer (UK), Laura Hilbert (UK) & Lorna Dennis (UK) - February 2014
音乐: Brave - Sara Bareilles : (Single)



Intro: 8 counts

Side, Cross Rock, Side Rock, Cross Rock, Step, Kick, Ball, Point, &, Kick, Ball

1-2& Step R to R Side, Cross Rock L Over R, Recover onto R
3&4& Rock L to L Side, Recover onto R, Cross Rock L Over R, Recover onto R
5-6& Step L to L Side, Kick R Forward, Step R beside L
7&8& Point L to L side, Step L beside R, Kick R Forward, Step R beside L

Point, Hitch, Cross, Back Lock-Step, Coaster, Forward Shuffle

1&2 Point L to L side, Hitch L Knee, Cross Step L over R
3&4 Step Back R, Lock L Across R, Step Back R
5&6 Step Back L, Step R beside L, Step Forward L (*Tag & Restart 2 here on wall 6 facing 12 o'clock)
7&8 Step Forward R, Close L beside R, Step Forward R (*Tag & Restart 1 here on wall 3 facing 6 o'clock)

Cross & Heel Jack x 2, Cross, Side Mambo Touch, Step

1&2& Cross L over R, Step R to R side, Touch L heel diagonally forward L, Step L next to R
3&4& Cross R over L, Step L to L side, Touch R heel diagonally forward R, Step R next to L
5-6& Cross L over R, Rock R to R side, Recover onto L
7-8 Touch R next to L, Step R to R side

Cross Point, Side Point, Cross, ¼ Turn Left, Side Step, Cross Rock, Side Rock, Behind, Side, Cross

1-2 Point L diagonally forward R, Point L diagonally forward L
3&4 Cross L over R, Step back on R, Make a ¼ turn L stepping L forward
5&6& Cross Rock R over L, Recover onto L, Rock R to R side, Recover onto L
7&8 Cross R behind L, Step L to L side, Cross R over L

Cross Rock, Side Rock, Behind, Side, Cross, Chasse, ¼ Hitch Turn, Chasse, ¼ Hitch Turn

1&2& Cross Rock L over R, Recover onto R, Rock L to L Side, Recover onto R
3&4 Cross L behind R, Step R to R side, Cross L over R
5&6& Step R to R side, Close L beside R, Step R to R side, Hitch L knee whilst making a ¼ turn L
7&8& Step L to L side, Close R beside L, Step L to L side, Hitch R knee whilst making a ¼ turn L

Chasse, Coaster Step, Right Jazz Box Cross

1&2 Step R to R side, Close L beside R, Step R to R side
3&4 Step back L, Step R beside L, Step forward L
5-8 Cross R over L, Step back on L, Step R to R side, Cross L over R

TAG & RESTART 1 - On wall 3 (facing 6 o'clock), dance the first 16 counts (up to and including the forward shuffle) and then do the following tag and then restart the dance from count 1:

Jazz Box Touch

1-4 Cross L over R, Step back on R, Step L to L side, Touch R next to L

TAG & RESTART 2 – On wall 6 (facing 12 o'clock), dance the first 14 counts (up to and including the coaster step) and then do the following tag and then restart the dance from count 1:

Walk, Walk

1-2 Walk forward on R, Walk forward on L

Many thanks to Dee Musk, Hayley Musk and Karl Harry Winson for their time and advice helping with this dance.

Contact details: richard_palmer_uk@hotmail.com; Laura.Bates97@yahoo.co.uk
