

It Ain't What It Used To Be

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Georgia Vroon (NL) - January 2014
音乐: Ain't What It Used to Be - Billy Currington



Intro: 32 counts

Restart: After the 7th wall (6 hour), start the dance again. Slowly runs the music and dance to count 12. The music stops for about 6 counts = 6 hipbumps. Then the dance begins again.

[1 - 8] turning chassé ¼ turn R, ¼ turn R chassé L, sailor step, sailor step ¼ turn L [03.00]

1 & 2 step RF to R side, & step LF next to RF, step RF Fwd in ¼ turn R
3 & 4 step LF side in ¼ turn R, & step RF next to LF, step LF to L side
5 & 6 step RF behind LF, & step LF to L side, step RF to R side
7 & 8 step LF behind RF in ¼ turn L, & step RF to R side, step LF to L side

[9 - 16] rock step, recover, chassé ½ turn R, step Fwd, ½ turn, coasterstep [03.00]

1 - 2 step RF Fwd, recover on LF
3 & 4 step RF side in ¼ turn R, & step LF next to RF, step RF Fwd ¼ turn R
5 - 6 step LF Fwd, step RF Bkw in ½ turn L
7 & 8 step LF Bkw, & step RF next to LF, step LF Fwd

[17 - 24] step Fwd, swivel, sailor step ¼ turn right, step-lock-step, mambo rock step [06.00]

1 & 2 & step RF Fwd and turn both heels R, & turn both heels back (repeat)
3 & 4 step RF behind in ¼ turn R, & step LF to L side, step RF to R side
5 & 6 step LF Fwd, & step RF behind LF, step LF Fwd
7 & 8 step RF Fwd, & recover on LF, step RF Bkw

[25 - 32] coaster cross step, chassé right, rolling vine left, stomp [06.00]

1 & 2 step LF Bkw, & step RF next to LF, step LF across RF
3 & 4 step RF to R side, & step LF next to RF, step RF to R side
5 - 6 step LF Fwd in ¼ turn L, step RF Bkw in ½ turn L
7 - 8 step LF to L side in ¼ L, stomp RF next to LF

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