

# I Hate Myself For Loving You

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
编舞者: BM Leong (MY) - February 2014  
音乐: I Hate Myself for Loving You - Joan Jett & The Blackhearts



Start the dance on vocal after 48 counts.

## OUT, OUT, IN, IN, HIP BUMPS

1-2            Step R out, step L out  
3-4            Step R in, step L in  
5&6            Bump hips RLR  
7&8            Bump hips LRL

## 1/8 TURN LEFT X 4, SAMBA STEP X 2

1-2            1/8 turn left on L pointing R to right side, 1/8 turn left on L pointing R to right side  
3-4            1/8 turn left on L pointing R to right side, 1/8 turn left on L pointing R to right side  
5&6            Cross R over L, step L to left side, recover onto R  
7&8            Cross L over R, step R to right side, recover onto L

## FORWARD, 1/4 TURN LEFT, CROSS CHA CHA, SIDE-ROCK, CROSS CHA CHA

1-2            Step R forward, pivot 1/4 turn left  
3&4            Cross cha cha on RLR  
5-6            Rock L to left side, recover onto R  
7&8            Cross cha cha on LRL

## JUMP, TOUCH, SHIMMY, JUMP, TOUCH, SHIMMY

1-2            Jump R to right side, touch L together  
3-4            Shimmy shoulders or body shake for 2 counts  
5-6            Jump L to left side, touch R together  
7-8            Shimmy shoulders or body shake for 2 counts

## Tag at the end of walls 2 and 6

1-2            Step R to right side, touch L together  
3-4            Step L to left side, touch R together  
5-6            Step R forward, pivot 1/2 turn left  
7-8            Step R forward, pivot 1/2 turn left

Restart during wall 9 after 24 counts.

Contact: [www.sjlinedancer.blogspot.com](http://www.sjlinedancer.blogspot.com)

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