Way Out West



拍数: 64 墙数: 2 级数: Improver

编舞者: Etere Betty George (NZ) - August 2013

音乐: Way Out West - James Blundell & James Reyne



16 count intro.

[1-8] R Kick-Ball-Step, Pivot ½ Turn Left, R Kick-Ball-Step, Pivot ¼ Turn Left	
1&2	Low kick R forward, step ball of R beside L, step L together
3-4	Step forward on R, pivot ½ turn left
5&6	Low kick R forward, step ball of R beside L, step L together

7-8 Step forward on R, pivot ¼ turn left [3.00]

[9-16] Stomp R Forward, Heel Twists [x2], R Side, Recover, Stomp R Forward, Heel Twists [x2]

1-2 Stomp R forward, twist both heels to the right,3-4 Twist both heels back to centre, rock R to right side

5-6 Recover on L, stomp R forward,

7-8 Twist both heels to the right, twist both heels back to centre [3.00]

[17-24] R Lock Step Back, 1/4 Turn Left, Sway Right, Sway Left, R Cross & Cross

1-4 Step back on R, lock step L across R, step back on R, make ¼ turn left stepping L to side

5-6 Sway to side onto R, sway to side onto L,

7&8 Cross R over L, step L to side, cross R over L [12.00]

[25-32] Sway L, Sway R, Sway L, Sway R, L Cross & Cross, 1/4 Turn Left [x2]

1-4 Sway to side onto L, sway to side onto R, sway to side onto L, sway to side onto R.

5&6 Cross L over R, step R to side, cross L over R

7-8 Make ¼ turn left stepping R back, make ¼ turn left stepping L to side [6.00]

[33-40] R Rocking Chair, Full Turn Forward, Triple Step R.L.R.

1-4 Rock forward on R, rock back on L, rock back on R, rock forward on L
5-6 Make ½ turn left stepping back on R, make ½ turn left stepping forward on L

7&8 Triple step R.L.R. [6.00]

[41-48] L Rocking Chair, Full Turn Forward, Triple Step L.R.L.

1-4 Rock forward on L, rock back on R, rock back on L, rock forward on R

5-6 Make ½ turn right stepping back on L, make ½ turn right stepping forward on R

7&8 Triple step L.R.L. [6.00]

[49-56] R Forward, L Back, ¼ Turn Right, L Cross, R Side, Hold, L Together[&], R Side, L Touch

1-4 Step forward on R, step back on L, make ¼ turn right stepping R to side, cross L over R

5-6 Step R to right side, hold, [clap].

&7-8 Step L together, step R to right side, touch L next to R [clap] [9.00]

[57-64] L Cross Rock, Recover, 1/4 Turn Left, R Jazz Box, R Touch

1-4 Cross rock L over R, rock back on R, make ¼ turn left stepping L to side, cross R over L

5-8 Step L back, step R to side, step L forward, touch R next to L [6.00]

Start Again.....Enjoy

RESTART: On Wall 4 – dance up to count 48 - then restart dance facing 12.00

ENDING: On Wall 8 – dance up to count 32 – then Step R a big step to right side, drag L towards R