

# Give Your Heart A Break

**COPPER** **KNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Jonat Marinas (USA) - September 2013  
音乐: Give Your Heart a Break - Demi Lovato : (CD: Unbroken - iTunes)



Start dance on lyrics

## **SIDE STEPS, TOE TOUCHES, LEFT SAILOR 1/4 TURN**

1-2            Step R to side, step L together  
3-4            Step R to side, touch L together  
5-6            Touch L toes forward, touch L toes to side  
7&8            Cross L behind R and turn 1/4 left, step R together, step L in place

## **TOE TOUCHES, SHUFFLE, STEP-TURN,**

1-2            Touch R toes forward, touch R toes back  
3&4            Shuffle forward R, L, R  
5-6            Step L forward, turn 1/2 right  
7-8            Step L forward, step R together

## **ROCK, RECOVER, BEHIND-SIDE-CROSS, ROCK, RECOVER, RIGHT SAILOR 1/4 TURN**

1-2            Rock L to side, recover to R  
3&4            Step L behind R, step R to side, cross L over R  
5-6            Rock R forward, recover to L  
7&8            Cross R behind L and turn 1/4 right, step L together, step R in place

## **STEP-TURN, KICK-BALL-CHANGE, STEP-TOGETHER, STEP-TOUCH**

1-2            Step L forward, turn 1/4 right  
3&4            Kick L forward, step L beside R, step R in place  
5-6            Step L forward, step R together  
7-8            Step L forward, touch R together

**Repeat**

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