

Better Than Today

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Harold Grimshaw (UK) - January 2014
音乐: Better Than Today - Don Williams : (Album: And So It Goes)



Fwd, Touch, Back, Touch, Step Lock Step, Rocking Chair, Pivot 1/4 Cross

1& Right Fwd, Touch Left Behind
2& Left Back. Touch Right In Front
3&4 Right Fwd Lock Step
5&6& Left Fwd Rock, Recover, Left Back Rock, Recover
7&8 Left Fwd, Pivot 1/4 Right, Cross Left (3 O'c)

Side, Behind, Side, Cross Rock Side, Behind Rock 1/4, Fwd L R L

1&2 Right Side, Behind, Side
3&4 Left Cross Rock, Recover, Side (Facing Diag Right)
5&6 Right Behind Rock, Recover, Right 1/4 Rt (6 O'c)
7&8 Fwd Lt, Rt, Lt (Optional Full Turn Fwd Rt)

Heel Struts, Side Rock Cross, Side Rock 1 / 4 Tog, Mambo Rock

1&2& Right Heel Strut, Left Heel Strut
Restart (2nd Wall - 3 O'c), Restart (5th Wall - 3 O'c)
3&4 Right Side Rock, Recover, Cross Right
5&6 Left Side Rock, Recover 1/4 Rt, Left Together (9 O'c)
7&8 Right Back Rock, Recover, Right Together (Stomp - No Weight Before Restart)

Restart (3rd Wall - 12 O'c)

Touch Out, Hitch, Touch Out, Behind Side Fwd, Mambo Fwd, Mambo Back

1&2 Touch Lt To Lt, Hitch Left Knee Across Rt, Touch Lt To Lt
3&4 Left Behind, Side, Forward
5&6 Right Fwd Rock, Recover, Right Together
7&8 Left Back Rock, Recover, Left Forward

Tag (End 7th Wall - 9 O'c)

1& Right Fwd, Touch Left Behind
2& Left Back. Touch Right In Front

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