

You've Got What It Takes!

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Michael Barr (USA) - February 2014
音乐: Baby (You've Got What It Takes) (with Sharon Jones & the Dap-Kings) - Michael
Bubl  : (CD: Crazy Love)



Intro: 16 counts

[1 - 8] □ Triple Right, Rock Return – Triple Left, Rock Return

1&2, 3-4 Step R side right (1); Step L next to R (&); Step R side right (2); Rock L back (3); Return to R (4) □ 12

5&6, 7-8 Step L side left (5); Step R next to L (&); Step L side left (6); Rock R back (7); Return to L (8) □ 12

[9 - 16] □ Side Toe Strut, Cross Toe Strut, Side Toe Strut, 1/4 Left Toe Strut (or step holds x 4) □

1 - 2 Step ball of R side right (1); Drop R heel (2); Step ball of L front of R (3); Drop L heel (4) □ 12

5 - 8 Step ball of R side right (5); Drop R heel (6); Turn 1/4 left onto ball of L in place (7); Drop L heel (8) □ 9

[17 - 24] □ (1/4 Left) Triple Right, Rock Return – Triple Left, Rock Return □

& On ball of L Turn 1/4 left to face 6 o'clock (&) □ 6

1&2, 3-4 Step R side right (1); Step L next to R (&); Step R side right (2); Rock L back (3); Return to R (4) □ 6

5&6, 7-8 Step L side left (5); Step R next to L (&); Step L side left (6); Rock back on R (7); Return to L (8) □ 6

[25 - 32] □ Step Right Out, Hold, Step/Shift Weight to Left, Hold – Swivel Heels R,L,R,L □

1 - 2 Step R side right (settle into right hip) (1); Hold (2) □ 6

3 - 4 Step L in place (settle into left hip) (3); Hold (have hips/feet open slightly to right diagonal) (4) □ 6

5 - 8 Swivel both heels R, L, R, L (5-8) As you swivel left on count 8 slide R towards the L (weight L) □ 6

Restarts:-

When you hear the Oooooh's □ Wall 3 – Facing 6 o'clock wall do 32 counts of the dance and Restart on the 12 o'clock wall.

Wall 5 – Facing 9 o'clock wall do 32 counts of the dance and Restart on the 3 o'clock wall. □

[33 - 40] □ Side, Behind, 1/4 Triple – 1/2 Triple, Rock Back, Return □

1-2, 3&4 Step R side right (1); Step L behind R (2); Triple 1/4 turn right towards 9 o'clock wall, R, L, R (3&4) □ 9

5&6, 7-8 Triple 1/2 turn right, L, R, L (5&6); Rock R back (7); Return to L (8) □ 3

[41 - 48] □ Step Forward Point x 2 – Monterey Turn Right, Step Forward Side Point □

1 – 4 Step R forward (1); Point L side left (2); Step L forward (3); Point R side right (4)

5 – 8 Turn 1/4 right stepping R next to L (5); Point L side L (6); Step L forward (7); Point R side right (8) □ 6

[49 - 56] □ Cross, Side, Sailor Step – Cross, Side, Sailor Step □

1 - 2 Cross step R in front of L (1); Step L side left (2) □ 6

3 & 4 Step R behind L (3); Step R slightly side left (&); Step R side right (4) (open hips to right) □ 6

5 - 6 Cross step L in front of R (5); Step R side right (6) □ 6

7 - 8 Step L behind R (7); Step L slightly side right (&); Step L side left (8) (open hips to left) □ 6

[57 - 64] □ Jazz Box 1/4 Right – Kick-Ball-Change x 2 □

1 - 4 Step R over L (1); Step L back (2); Turn $\frac{1}{4}$ right stepping R side right (3); Step L forward (4)□9

5 – 8 Kick R forward (5); Step back on ball of R (&); Step L in place (6); REPEAT for 7&8□9

Begin Again! (love the song, had to make the dance right)

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