California Country



编舞者: Wanda Heldt (AUS) - January 2014 音乐: California Country - Moonshine Bandits



Start on Vocals

CHARLESTON, SHUFFLE FORWARD R.L.R. ROCK, 1/4 TURN RIGHT, CROSS

1-4 Touch or Kick Right Toe forward, Step back on Right, Touch Left Toe back, Step on Left.

3&4 Shuffle forward R.L.R.

7&8 Rock forward on Left, 1/4 turn Right as you recover on Right, Step Left across Right. [3]

SIDE TOUCHES, RIGHT SAILOR with a 1/2 TURN RIGHT, SIDE TOUCHES, LEF, LEFT SAILOR with a 1/4 TURN LEFT

1&2 Touch Right toe to Right side, Touch Right toe next to Left, Touch Right toe to Right side.

3&4 Right Sailor with a 1/2 turn Right.[9]

5&6 Touch left toe to Left side, touch Left toe next to Right, Touch left toe to Left side.

7&8 Left Sailor with a 1/4 Left turn. [6]

LOCK STEP FORWARD, FULL TURN RIGHT, ROCK FORWARD, RECOVER, LEFT COASTER

1-2 Step Right forward, Step left behind Right. [don't rush]

3&4 1/4 turn Right as you step on Right, 1/2 turn as you step back on Left, 1/4 turn Right step

Right next to Left.

[Easy option: don't turn. Triple step R.L.R.]

5-6 Rock forward on Left, Recover on Right.

7&8 Left Coaster.

RIGHT SIDE TOGETHER, BACK MAMBO, LEFT SIDE TOGETHER, 1/4 TURN LEFT SHUFFLE FORWARD

1-2 Step Right to Right while dragging Left next to Right. [Wt.on L]
3&4 Step back on Right, Recover on Left, Step Right next to Left.
5-6 Step Left to Left side while dragging Right next to Left. [Wt. on R]

7&8 1/4 turn Left Shuffle forward L.R.L. [3] [Push hip out as you step Right & Left on count -1-2 & 5-6]

Repeat.. HAVE FUN IN LIFE & IN DANCE

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