Beachin'



编舞者: John Dembiec (USA) - January 2014

音乐: Beachin' - Jake Owen



16 count intro, start on vocals. (No Tags/Restarts).

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[1-8]□¼ ROCK(X2).	CROSS ROCK.	CROSSING TRIPLE

1-2	Rock R to R, Replace to L making 1/4 turn L
3-4	Rock R to R, Replace to L making ¼ turn L

5-6 Cross rock R over L, Replace to L

7&8 Step R to R, Cross L over R, Step R to R

[9-16]□STEP, SWEEP, WEAVE, ¼ & ½ TURN, BACK COASTER

1-2	Step L behind R, Sweep R front to back (keep weight on L)
1- <u>C</u>	Oled E Definitions, Owered is morn to back (Reed Weight on E)

3&4 Step R behind L, Step L to L, Step R over L

5-6 Making ¼ turn L step L forward, Making ½ pivot turn L step R back

7&8 Step L back, Step R next to L, Step L forward

[17-24] □1/4 HIP BUMPS, HIP BUMPS, CROSS ROCK, 1/4 TURNS (X2)

1&2	Making ¼ turn	L bump R hip to side R & R

3&4 Bump L hip to side L & L

5-6 Cross Rock R over L, Replace to L

7-8 Making ¼ turn R step R forward, making ¼ turn R Step L to L

[25-32]□SWEEPS BACK (X4), ¼ TRIPLE, ½ TRIPLE

1-2	Sweep R front to back and step down, Sweep L front to back and step down
3-4	Sweep R front to back and step down, Sweep L front to back and step down

5&6 Making ¼ turn R triple forward R, L, R
7&8 Making ½ turn L triple forward L, R, L

(Styling note: On count 5 and 7 you may do a skate step into the triple step for a smoother look)

REPEAT AND HAVE FUN !!!!!

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