

Time of Our Lives

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Matthew Grocott (UK), Charles Francis (UK) & Sandra Stephens (UK) - January 2014
音乐: Time of Our Lives (Radio Edit) - Reconnected



Start On Vocals: She's off the wall

S1: R Chasse , Rock , Recover , L Chasse , Rock , Recover

1&2 Step right to right side , Step left next to right , Step right to right side
3-4 Rock Back on left , Recover on right
5&6 Step left to left side , Step right next to left , Step left to left side
7-8 Rock back on , Recover on left

S2: Kick - Ball - Step , Step ½ pivot , Full Turn , Step , Mambo Step

1&2 Kick right foot forward , Step ball right next to left , Step forward on left
3-4 Step forward on right pivot ½ turn left (6:00)
5&6 Making ½ turn left stepping back on right (12:00), Making ½ turn left stepping forward on left (6:00) , Step forward on right
7&8 Rock forward on left , Recover on right , Step back on left

S3: Cross - Rock , Side , L ¼ Jazz Box, Step , L Shuffle Forward

1-2 Rock right over left, Recover on left
3 Step right to right side
4&5 Cross left over, Making ¼ turn right stepping right back step left to left side (3:00)
6 Step forward on right
7&8 Step forward on left, Step right next to left, Step forward on left

S4: L ¼ Turn , Crossing Shuffle , Side - Rock , Recover , L sailor 1/4

1-2 Step forward on right Pivot ¼ turn left (12:00)
3&4 Cross right over left, Step left slightly to left side, Cross right over left
5-6 Rock left to left side, Recover back on right
7&8 Step left behind right , Making ¼ turn left Stepping right next to left , Step left to left side (9:00)

Start Dance Again :

Tag & Restart: During wall 12 dance up to 24 Counts and add on Tag. Then Start Dance Again: (6:00)

1-2 Bump hips, Right , Left
3-4 Bump hips , Right , Left

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