

Zumba Soy Mexicano

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Erna Chondjari (INA) - January 2014
音乐: Soy Mexicano by Barrio Zumba



Dance starts on vocal. No Tag. No Restart

SIDE, TOGETHER , RIGHT CHASSE. SIDE, TOGETHER, LEFT CHASSE

1 – 2 Step RF to side – step LF next to RF
3 & 4 Step RF to side – step LF next to RF – step RF to side
5 – 6 Step LF to side – step RF next to LF
7 & 8 Step LF to side – step RF next to LF – step LF to side

DIAGONAL ROCKING CHAIR , CROSS ROCK, RECOVER , SIDE STEP

1&2& (angle body to left diagonal) Rock RF forward – recover on LF – rock RF back – recover on LF
3&4 Rock RF forward – recover on LF – (squaring to front) step RF to side
5&6& (angle body to right diagonal) Rock LF forward – recover on RF – rock LF back – recover on RF
7&8 Rock LF forward – recover on RF – (squaring to front) step LF to side

MODIFIED BOTA FOGO TRAVELLING BACKWARD , CROSS STEP , ¼ TURN LEFT

1&2 Cross RF over LF – step LF slightly to side – step RF back diagonal
3&4 Cross LF over RF – step RF slightly to side – step LF back diagonal
5&6 Cross RF over LF – step LF slightly to side – step RF back diagonal
(Note : let your body bounce nicely on each counts and facing diagonal as you step back)
7 – 8 Cross/hop LF over RF – turn ¼ left step/hop RF back (9.00)

3X SHUFFLE BACK DIAGONAL , BACK ROCK

1&2 Shuffle back diagonal left stepping on LF,RF,LF
3&4 Shuffle back diagonal right stepping on RF,LF,RF
5&6 Shuffle back diagonal left stepping on LF,RF,LF
7 – 8 Rock RF back – recover on LF

REPEAT - Have fun..!!

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