

Fire & Ice

拍数: 32 墙数: 4 级数: High Beginner
编舞者: Bill Bragg (USA) - December 2013
音乐: Fire & Ice - Khamelien : (iTunes)



32 count intro

Right Toe touch fwd side, Behind-side-cross, Left mambo, Right mambo.

- 1 2 RF-touch toe forward, RF-touch toe to right side.
- 3&4 RF cross behind LF, Step LF to left side, RF cross in front of LF
- 5&6 LF step to left side, RF recover weight, LF step next to RF.
- 7&8 RF step to right side, LF recover weight, RF step next to LF.

Left shuffle ¼ turn left, Step pivot ½ turn left, Side-behind-cross (rock step), Recover-side-cross.

- 1&2 Step LF step to left side, RF step next to LF, LF step ¼ turn left.
- 3 4 5 RF step forward, Pivot ½ turn left weight on LF, RF Step right side (facing 3:00).
- 6&7 LF cross behind RF, RF step right side, LF cross over RF (rock step).
- 8&1 RF recover weight, LF step side left, RF Cross over LF.

— Easy option for steps 6 -1 –

6 7 LF cross behind RF, RF step right side (rock step).

8 1 LF recover weight, RF cross over LF.

LF point side, Cross over RF, RF point side, Jazz square ¼ turn right.

- 2 3 4 LF point toe to side, LF step forward crossing in from of RF, RF point to side.
- 5 6 RF cross in front of LF, LF step back starting a ¼ turn right.
- 7 8 RF step to right side completing the ¼ turn, LF step next to RF (Facing 6:00)

Hip bumps, Rock step forward, Recover, ½ turn pivot right, ¼ turn right stepping side (Facing3:00).

- 1&2 Bump hips right-left-right while stepping out on right diagonal with RF (5:00)
- 3&4 Bump hips left-right-left while stepping out on left diagonal with LF (7:00)
- 5 6 RF rock step Forward (6:00), LF recover weight.
- 7 8 Pivot ½ turn right stepping forward on RF, Pivot ¼ turn right stepping side with LF.

END OF DANCE Starts again on wall ¼ turn right from the stating wall.

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