

# My Heart Without Him

**COPPER KNOB**  
BY STEPHEN HETS

拍数: 32                      墙数: 4                      级数: Easy Intermediate  
编舞者: Kim-Fundanzer (MY) - January 2014  
音乐: Wo Di Xin Li Mei You Ta – Cha Cha Dance Music



**Intro: 16 counts...approximately 12 secs**

## **SIDE ROCK, RECOVER, TRIPLE STEP, ROCK BACK, RECOVER, SHUFFLE FORWARD**

1-2                      Rock Rf to right, recover onto Lf  
3&4                      (Stepping Rf next to Lf) Cha-cha in place, R-L-R  
5-6                      Rock Lf back, recover onto Rf  
7&8                      Shuffle forward, L-R-L (12.00)

## **STEP, PIVOT 1/2 LEFT, SHUFFLE FORWARD, STEP, PIVOT 1/4 RIGHT, TRIPLE STEP IN PLACE**

1-2                      Step Rf Forward, Pivot ½ left  
3&4                      Shuffle Forward, R-L-R  
5-6                      Step Lf forward, pivot ¼ right  
7&8                      (Stepping Lf next to Rf) Cha-cha in place, L-R-L (9.00)

## **RIGHT MAMBO, LEFT MAMBO, SIDE TOUCH, FLICK 1/4 TURN LEFT, SHUFFLE FORWARD**

1&2                      Rock Rf to side, recover onto Lf, step Rf next to Lf  
3&4                      Rock Lf to side, recover onto Rf, step Lf next to Rf  
5-6                      Touch Right toe to the side, flick Right toe making ¼ turn left, on ball of Lf  
7&8                      Shuffle forward. R-L-R (6.00)

## **STEP, PIVOT 3/4 RIGHT, SIDE SHUFFLE, ROCK BACK, RECOVER, KICK-BALL-CHANGE**

1-2                      Step Lf forward, make ¾ turn right, stepping Rf in place  
3&4                      Shuffle to the side, L-R-L  
5-6                      Rock Rf back, recover onto Lf  
7&8                      Kick Rf slightly across Lf, step on ball of Rf next to Lf, Step Lf in place (3.00)

**Restarts: -**

**At wall 4 (9 o'clock), dance to 16 counts, Restart dance, facing 6 o'clock**

**At wall 8 (3 o'clock), dance to 16 counts, Restart dance, facing 12 o'clock**

**Have fun, enjoy!**

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