

Blurred Lines

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Wendy Loh (MY) - December 2013
音乐: Blurred Lines (feat. T.I. & Pharrell) - Robin Thicke



Dance starts after 32 counts (4x8)

Section 1 : R Forward Cha Cha, L Side Rock, Recover, Step, Brush, Step, 1/2 L Pivot, Hold

1&2 Forward Cha Cha RF, LF, RF
3,4 Rock LF to L, Recover on RF
&5,6 Step LF beside RF, Turn 1/4 L & Brush & Hitch RF, Step RF forward (9:00)
7,8 Turn 1/2 L weight on RF & touch LF forward, Hold (3:00)

Section 2 : Hip Lift & Drop, 1/4 L Step, Touch, Step Touch, Touch, 3/4L Unwind

1,2 With weight still on RF, push R hip out to side and pull back to center
3,4 Step LF in place, Turn 1/4 L & Touch RF to side
5,6 Step RF forward, Touch LF to side
7,8 Touch RF back, Unwind 3/4 to Left ending with weight on LF(3:00)

Section 3 : Right Mambo, Left Mambo, Step, Step , Walk , Walk, Triple Step

1&2 Rock RF forward, Recover on LF, Step RF together
3& Rock LF forward, Recover on RF
4&5 Step LF together & lift R heel, Step RF in place & Lift L heel, Step LF in place & Lift R heel
6,7 Step RF forward, Step LF forward
8&1 Step RF together & Lift L heel, Step LF in place & Lift R heel, Step RF in place & Lift L heel (3:00)

Section 4 : Forward Rock, Recover, 1/2 L, 1/4L, Hip Circle

2,3 Rock LF forward, Recover on RF
4,5 Turn 1/2L & Step LF forward, Turn 1/4L & Step RF beside LF (6:00)
6-8 Do three small hip Circle anti-clockwise

Section 5 : Diagonally forward Lock Step, Walk forward

1&2 Diagonally forward Lock Step RF, LF, RF (7:30)
3&4 Diagonally forward Lock Step LF, RF, LF (4:30)
5,6 Step RF forward & Touch LF beside, Step LF forward & Touch LF beside
7,8 Repeat Steps 5,6

Section 6 : R Cross, Side, Right Sailor, L Cross, Side, 1/2 L Sailor

1,2 Cross RF over LF, Step LF to side
3&4 Step RF back, Step LF together, Step RF to side
5,6 Cross LF over RF, Step RF to side
7&8 Turn 1/4 L & Step LF back, Step RF together, Turn 1/4L & Step LF forward

Section 7 : Forward Lock Steps, Hip Bump RLR, Sway L then R, Chest Pop

1,2,3 Step RF forward, Lock LF behind RF, Step RF forward
4&5 Step LF to side & Hip bump R, L, R
6,7 Sway hips to L then R side
&8&1 Chest pop out, in, out, in

Section 8 : Cross, 1/4L, Step, Push hip back & in

2,3,4 Cross LF over RF, Turn 1/4L & Step RF back, Step LF to side
&5 Push shoulders forward & hips back, Return to upright

6,7,8 R hip bump, L hip bump twice

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