

Light Up The Night

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Improver / Intermediate
编舞者: Carrie Ann Green (ES) - January 2014
音乐: Light Up the Night - Boyzone : (Album: BZ20)



16 Count Intro

Sequence 48,48,48,48,28,34

Section 1: Right side together, Shuffle Forward Right, Step forward, Kick, Back Lock Back

1-2 Step Right to side, step Left together
3&4 Shuffle forward Right, Left, Right
5-6 Step forward on Left, Kick Right foot forward
7&8 Step back on Right foot, lock Left over Right, step back on Right foot

Section 2: Rock back recover, Step Forward ¼ turn Right and Cross, Chasse Side R-L-R, Sway Left, Sway Right

1-2 Rock Left back, recover weight on Right
3&4 Step forward onto Left, Make 1/4 turn Right stepping Right to Right side and Cross Left over Right (3.00)
5&6 Step Right to Right side. Step Left beside Right. Step Right to Right side
7-8 With feet slightly more than shoulder width: sway Left, sway Right

Section 3: Cross Samba, Cross Samba, Cross Side behind ¼ turn Right & Step

1&2 Cross Left Over Right, Rock Right to Right Side, Recover on Left
3&4 Cross Right Over Left, Rock Left to Left Side, Recover on Right
5-6 Cross Left over Right, step Right to Right side
7&8 Step Left behind Right, step Forward Right making a ¼ turn Right and Step forward Left (6.00)

Section 4: Right forward Mambo. Left back Mambo, Chasse Side R-L-R, Kick, Out, Out

1&2 Rock forward on Right. Recover onto Left. Step back on Right
3&4 Rock back on Left. Recover onto Right. Step forward on Left (Wall 5 RESTART NEW WALL FROM BEGINNING)
5&6 Step Right to Right side. Step Left beside Right. Step Right to Right side
7&8 Kick Left fwd, Step Left out, Step Right out

Section 5: Rock Back, Recover, Triple Full Turn, Jazz box quarter turn Right, Cross

1-2 Rock back on Left, recover weight onto Right.
3&4 Triple full turn to the Right on the spot stepping L-R-L (or triple on the spot without the full turn for easier option)
5-6 Cross Right over Left. Step back on Left
7-8 Quarter turn Right stepping Right to Right side. Cross Left over Right (9.00)

Section 6: Side Rock, Behind Side Cross, Side Rock, Cross Shuffle

1-2 Rock Right out to Right side, recover weight to Left
3&4 Cross step Right behind Left, step Left to Left side, cross step Right over Left
5-6 Side rock Left on Left, Recover weight onto Right
7&8 Cross Left in front of Right, Step Right to Right side, Cross Left in front of Right

Restart on Wall 5 - dance up to Count 28, start the dance from beginning facing 6.00

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