

Rewind

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Annette Haslund (DK) - January 2014
音乐: Rewind - Rascal Flatts : (Single: Rewind - iTunes)



Intro (16 count)

SIDE BEHIND SIDE, CROSS & CROSS, TOUCH, 1/8 TURN R TOUCH (X4)

1 - 2& Step R to R side, cross L behind R, Step R to R side
3&4& Cross L over R, step R to R side, Cross L over R, touch R beside L
5& Turn R 1/8 stepping R to R side, touch L beside R,
6& Turn R 1/8 stepping L to L side, touch R beside L
7& Turn R 1/8 stepping R to R side, touch L beside R,
8& Turn R 1/8 stepping L to L side, touch R beside L (6 o'clock)*

Styling: □ Under the 1/8 turns: On the ball of L foot - twist L heel L (just a bit) while you step R foot to R side & on the ball of R foot - twist R heel R (just a bit) while you step L foot to L side.

* Restart wall 3

R CHASSE, BEHIND SIDE CROSS, SWAY R-L, BEHIND SIDE CROSS

1&2 Step R to R side, step L together, step R to R side
3&4 Step L behind R, step R to R side, cross L over R
5 - 6 Sway hip R, Sway hip L (weight on L)
7&8 Step R behind L, step L to L side, cross R over L

L RHUMBA BOX, R RHUMBA BOX, L COASTER STEP, CROSS UNWIND L ¾

1&2 Step L to L side, Step R together, step L forward *
3&4 Step R to R side, Step L together, step R back
5&6 Step L back, step R together, step L forward
7 - 8 Cross R over L, unwind ¾ L (weight on L) (9 o'clock)

* Tag & restart wall 6

R CHASSE, L COASTER STEP, R SHUFFLE FORWARD, TRIPLE FULL TURN R

1&2 Step R to R side, step L together, step R to R side
3&4 Step L back, step R together, step L forward *
5&6 Step R forward, step L together, step R forward
7&8 Make a full turn R (travels forward) stepping L, R, L (9 o'clock)

* Ending wall 9

RESTART THE DANCE AND HAVE FUN

RESTART: On Wall 3 - Restart the dance after 8 counts (12 o'clock)

TAG & RESTART: On Wall 6 - Dance 18 counts, including the L Rhumba box, then this tag:

R SIDE STEP, L TOGETHER

3 - 4 Step R to R side, Step L together (12 o'clock)

RESTART the dance

ENDING: On wall 9 - Dance 28 counts including the coaster step & turn R ¼ L stepping R to R side on count 29 ending at 12 o'clock.

Contact: ahfpost-dance@yahoo.dk