

For Once I Can Say

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Annette Lapp (DK) - January 2014
音乐: For Once In My Life - Stevie Wonder : (Album: Motown 50 - iTunes)



Intro: 24 count

Side, Back Rock, Recover, Vine ¼ Turn Left, Shuffle Forward

1 – 2 Step right to right side, rock back on left
3 – 4 Recover onto right, step left to left side
5 – 6 Right behind left, make ¼ turn left stepping left forward. (weight on left)
7 & 8 Step right forward, step left beside right, step right forward

Rock Forward, Recover, Lockstep Back, Step Back, Hook, Step Right, Left

1 – 2 Rock left forward, recover onto right
3&4 Step left back, lock right in front of left, step left back
5 – 6 Step right back, hook left in front right
7 – 8 Step left forward, right beside left

Side Together, Chasse ¼ Turn Right, Step Turn, Left Shuffle Forward

1 – 2 Step right to right side, step left beside right
3&4 Step right to right side, step left beside right, ¼ turn right stepping right forward
5 – 6 Step forward on left, turn ½ right (weight on right)
7&8 Step left forward, right beside left, step left forward

Side Rock, Recover, Cross Shuffle, ¼ turn Left, Walk Left, Right Left, Right

1 – 2 Rock right to right side, recover onto left
3&4 Cross right over left, step left to left side, cross right over left
5 – 6 turn ¼ left, step left forward, step right forward
7 – 8 Step left forward, step right beside left

Tag: After wall 4 facing 12.00 - 8 count Tag

Paddle 1/8 x 4 Turn Left

1 - 2 Step right forward, turn 1/8 on left
3 - 4 Step right forward, turn 1/8 on left
5 – 6 Step right forward, turn 1/8 on left
7 – 8 Step right forward, turn 1/8 on left

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