

Wrecking Ball

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 1 级数: Phrased Intermediate
编舞者: J. Dewey & K. Sholes (USA) - January 2014
音乐: Wrecking Ball - Miley Cyrus



Sequence: A,B,A,B,A,B

Part A - 32 counts

Cross-rock, Recover, Side, Cross, Side-rock, Recover, Cross, Turn 1/4

1-4 Rock L across R, Recover R, Step L to side, Cross R across L.
5-8 Rock L to side, Recover R, Cross L over R, Step R 1/4 to right. (3:00)

Box steps forward, back

1-4 Step L to side, Step R together, Step L forward, Pause.
5-8 Step R to side, Step L together, Step R forward, Pause.

1-4 Step L to side, Step R together, Step L back, Pause
5-8 Step R to side, Step L together, Step R back, Pause.

Turn 1/2, Walk, Walk, Mambo

1-4 Step L 1/4 left, (12:00) Step R 1/4 left, (9:00) Walk forward L, R.
5-8 Rock forward L, Recover R, Step L next to R, Pause.

Weight ends on L foot...Repeat 32 counts of Part A beginning with R foot (each rotation)
Pattern ends facing front wall (12:00) with weight on R

PART B - 32 counts

Side, Rock back, Recover X3, Step, Full turn, Cross step

1-2 & 3-4& Step L to side, Rock back R, Recover L. Step R to side, Rock back L, Recover R.
5-6 & 7 & 8 & Step L to side, Rock back R, Recover L. Step R 1/2 to right, (6:00) Step L 1/4 to right, (9:00)
Step R 1/4 to right, (12:00) Cross L over R

Side, Rock back, Recover X 2, Step, Cross-Back-Back X2, Cross

1-2 & 3-4 & Step R to side, Rock back L, Recover R, Step L to side, Rock back R, Recover L.
5&6 & 7&8 & Step R forward, Cross L over R, Step back R, Step back L, Cross R back across L, Step
Back L, Step back R, Cross L over R. 1

Cross, Unwind Full turn (3counts) or Pivot, Shuffle R, L

1-4 5&6 7&8 Cross R over L, Unwind or pivot full turn to (12:00) wall. Step forward R, Step L together,
Step forward R, Step forward L, Step R together, Step forward L.

Side, Rock, Recover, Weave-full turn pivots, Step

1-2 & 3&4& Step R to side, Rock back L, Recover R. Step L to side, Step R behind L, Step L to side,
Cross R over L.
5-6 & 7&8 Step L 1/4 left (9:00), Step forward R, Pivot 1/4 left (6:00), Step forward R, Pivot 1/2 left
(12:00), Step R to side.

- a) during the 1st rotation of Part B dance 20 counts (ending with weight on R) then start Part A
- b) during 2nd rotation of Part B finish pattern, dance 4 counts of beginning then start Part A
- c) during 3rd rotation of Part A finish pattern, dance 1st 16 counts of A again before Tag
- d) during last rotation of Part B finish pattern, dance 8 counts of beginning then end (12:00)

TAG: 4 count. Step L to 12:00, Drag R together, Step forward R, Drag L together

1st Tag at end of 1st Part A before beginning Part B

2nd Tag at end of 3rd Part A (after dancing extra 16 counts of Part A) before restarting Part B

Begin Again! Enjoy!

Contact: karensholes@hotmail.com
