

# Live For Today

**COPPER KNOB**  
STEPPERS

拍数: 32                      墙数: 2                      级数: Improver  
编舞者: Roz Chaplin (UK) & Colin B. Smith (UK) - January 2014  
音乐: Live For Today - Stubby : (CD: Flying the Flag)



Dance is dedicated to the late Alf Roberts (R.I.P)

## 16 Count Intro

### SWAY HIPS, SIDE TOGETHER BACK, SWAY HIPS, SIDE TOGETHER FORWAED

1-2                      Step right to right swaying hips to right, sway hips to left  
3&4                     Step right to right side, close left beside right, step right back  
5-6                     Step left to left swaying hips to left, sway hips to right  
7&8                     Step left to left side, close right beside left, step left forward

### WALK, WALK, SIDE ROCK CROSS, SWAY HIPS, LEFT CHASSE

1-2                     Walk forward right, walk forward left  
3&4                     Rock right to right side, recover onto left, cross right over left  
5-6                     Step left to left swaying hips to left, sway hips to right  
7&8                     Step left to left, close right beside left, step left to left side

### Restart Here on Wall 3

### FORWARD, ½ TURN, BACK, BACK SWEEP, SAILOR STEP, SAILOR ¼ TURN

1&2                     Step forward on right, make ½ turn to right stepping left back, step right back (6)  
3-4                     Step left back sweep right toe round to right  
5&6                     Step right behind left, step left to left side, step right to right side  
7&8                     Step left behind right, make ¼ turn to left stepping right to right side, step left to left side (3)

### JAZZ BOX ¼ TURN, SWEEP, LOCK STEP, SWEEP

1-2                     Cross right over left, step back on left  
3-4                     Make ¼ turn right stepping right to right side, sweep left forward (6)  
5-8                     Step forward on left, lock right behind left. step forward on left sweep right forward

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Thanks to special friend for 8 Counts of this dance

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