

Do Not Disturb

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Dan Morrison (CAN) - January 2014
音乐: Don't Wake Me Up - Prinnie Stevens



Intro: 32 Counts, Start on the word "Edge"

1/4 Pivot, Cross-Shuffle, Rock-Recover, Cross-Shuffle

1-2 Step R forward (1) 1/4 Pivot L, wt on L (2)
3&4 Step R over L (3) Step L side L (&) Step R over L (4)
5-6 Rock L side L (5) Recover onto R (6)
7&8 Step L over R (7) Step R side R (&) Step L over R (8)

Rock-Recover & Rock-Recover & Side, Behind, Shuffle

1-2 Rock R side R (1) Recover onto L (2)
&3-4 Step R over L (&) Rock L side L (3) Recover onto R (4)
&5-6 Step L over R (&) Step R side R (5) Step L behind R (6)
7&8 Step R side R (7) Step L beside R (&) Step R side R (8)

Rock-Recover, 1/4 Shuffle, 1/2 Pivot, Shuffle

1-2 Rock L over R (1) Recover onto R (2)
3&4 Step L side L (3) Step R beside L (&) Step L 1/4 L (4)
5-6 Step R forward (5) 1/2 Pivot L, wt on L (6)
7&8 Step R forward (7) Step L beside R (&) Step R forward (8)

Touch, Touch, Sailor, Touch, Touch, Sailor

1-2 Touch L forward (1) Touch L side L (2)
3&4 Step L behind R (3) Step R beside L (&) Step L side L (4)
5-6 Touch R forward (5) Touch R side R (6)
7&8 Step R behind L (7) Step L beside R (&) Step R side R (8)

Cross, Side, Behind-Side-Cross, Rock-Recover, Soft-Shoe

1-2 Step L over R (1) Step R side R (2)
3&4 Step L behind R (3) Step R side R (&) Step L over R (4)
5-6 Rock R side R (5) Recover onto L (6)
7&8& Rock R over L (7) Recover onto L (&) Rock R side R (8) Recover onto L (&)

Cross, Side, Behind-Side-Cross, Rock-Recover, Soft-Shoe

1-2 Step R over L (1) Step L side L (2)
3&4 Step R behind L (3) Step L side L (&) Step R over L (4)
5-6 Rock L side L (5) Recover onto R (6)
7&8& Rock L over R (7) Recover onto R (&) Rock L side L (8) Recover onto R (&)

Cross, 1/4, Shuffle, Rock-Recover, Shuffle

1-2 Step L over R (1) 1/4 turn L, Step R back (2)
3&4 Step L side L (3) Step R beside L (&) Step L side L (4)
5-6 Rock R over L (5) Recover onto L (6)
7&8 Step R side R (7) Step L beside R (&) Step R side R (8)

Rock, Recover, 1/4 Shuffle, 1/4 Pivot, Kick-Ball-Change

1-2 Rock L over R (1) Recover onto R (2)
3&4 Step L side L (3) Step R beside L (&) Step L 1/4 L (4)

5-6 Step R forward (5) 1/4 Pivot L, wt on L (6)
7&8 Kick R forward (7) Step R back (&) Step L forward (8)

HAVE FUN AND ENJOY

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