A Little Rock And Roll



拍数: 64 墙数: 4 级数: Improver

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音乐: A Little Rock N' Roll - Johnathan East



Intro: 28 Counts

SIDE STEP, TOUCH, SIDE STEP, TOUCH, SIDE TOUCH, ¼ TURN, SIDE TOUCH, HOLD

1-2-3-4 Step R to R, touch L beside R, step L to L, touch R beside L

5-6-7-8 Touch R out to R, ¼ turn R on ball of L and step R beside L, touch L to L, hold

ROCK STEP, TOGETHER, HOLD, WALK BACK, BACK, BACK & KNEE POP, HOLD

1-2-3-4 Step L forward, step R in place, step L beside R, hold (weight on L)

5-6-7-8 Walk R back, L back, R back and pop L knee, hold

STEP, LOCK, STEP, HOLD, STEP, ½ TURN, SCUFF, HOLD

1-2-3-4 Step L forward, lock R behind L, step L forward, hold

5-6-7-8 Step R forward, ½ turn L and step L in place, scuff R forward, hold (R foot is on the air)

STEP, LOCK, STEP, HOLD, SIDE, BEHIND, SIDE, SLAP BEHIND

1-2-3-4 Step R forward, lock L behind R, step R forward, hold

5-6-7-8 Step L to L, step R behind L, step L to L, slap R foot behind L with L hand

SIDE, BEHIND, SIDE, SLAP BEHIND, SIDE, DRAG, BACK ROCK STEP

1-2-3-4 Step R to R, step L behind R, step R to R, slap L foot behind R with R hand

5-6-7-8 Step L to L, drag R beside L, step R back, step L in place

HEEL SWITCHES, STEP FORWARD, SLAP BEHIND, STEP BACK, HOLD

1-2-3-4 Touch R heel forward, step R beside L, touch L heel forward, step L beside R

5-6-7-8 Step R forward, slap L foot behind R with R hand, step L back, hold

BACK, TOGETHER, BACK, HOLD, BACK, TOGETHER, FORWARD, HOLD

1-2-3-4 Step R back, step L beside R, step R back, hold 5-6-7-8 Step L back, step R beside L, step L forward, hold

KICK, TOGETHER, KICK, TOGETHER, TWIST IN PLACE

1-2-3-4 Kick R forward, step R beside L, kick L forward, step L beside R

5-6-7-8 Twist heels L-R-L-Center

REPEAT

Contact: www.linedanceturkiye.com