

Mamita

COPPER KNOB
STEPSHEETS

拍数: 32

墙数: 4

级数: Absolute Beginner - Merengue
Rhythm.



编舞者: Ira Weisburd (USA) - January 2014

音乐: Mamita Mia - Miguel Moly : (Album: The Best of Techno Merengue; Track #4)

(32 ct. intro.@ 17 sec.). NO TAGS !! NO RESTARTS !!

PART I. (4 BASIC MERENGUE STEPS TO R: SIDE, CLOSE, SIDE, CLOSE; SIDE, BACK, RECOVER, SIDE)

1-2 Step R to R, Step-close L beside R
3-4 Step R to R, Step-close L beside R
5-6 Step R to R, Step back on L
7-8 Recover forward onto R, Step L to L

PART II: (WEAVE BACK 4 STEPS WITH R; STEP BACK, RECOVER, SIDE, BACK)

1-2 Step back with R, Step L to L
3-4 Step R across L, Step L to L
5-6 Step R back, Recover forward onto L
7-8 Step R to R, Step L back

PART III. (WALK 3 STEPS FORWARD, POINT L TO L; WALK 3 STEPS BACK, POINT R TO R)

1-2 Step R forward, Step L forward
3-4 Step R forward, Point L to L
5-6 Step L back, Step R back
7-8 Step L back, Point R to R

PART IV. (CROSS, POINT, CROSS, POINT; JAZZ 1/4 TURN R)

1-2 Step R across L, Point L to L
3-4 Step L across R, Point R to R
5-6 Step R across L, Step L back
7-8 Make 1/4 turn R onto R, Step L across R (Face 3:00)

BEGIN DANCE.

For Special Dance Edit: dancewithira@comcast.net
