

Heads Carolina, Tails California

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Lyn Booth (AUS) - December 2013
音乐: Heads Carolina, Tails California - Jo Dee Messina : (Album: Greatest Hits)



Intro: 32 counts wt on L

[1-8] TOE, STEP, TOE, STEP, FWD, 1/2L PIVOT, FWD SHUFFLE

1,2,3,4 Touch R toe FWD with R knee in (body slightly diag L), Step R slightly FWD (straighten to front), Touch L toe FWD with L knee in (body slightly diag R), Step L FWD slightly (straighten to front),
5,6,7&8 Step R FWD, 1/2L Pivot, Shuffle FWD R -L-R (6:00)

[9-16] FWD ROCK, BACK COASTER, POINT, 1/2R MONTEREY, SIDE ROCK

1,2,3&4 Rock L FWD, Replace R, Step L back, Step R beside L, Step L FWD
5,6,7,8 Touch R to R, 1/2R step R beside L wt. R, Rock L to L, Replace R (12:00)

***** Wall 5 restart

[17-24] CROSS SHUFFLE, 1/4L, 1/2L, FWD, 1/2L PIVOT, FWD SHUFFLE

1&2,3,4 Cross L over R, Step R to R, Cross L over R, 1/4L step R back, 1/2L step L FWD (3:00)
5,6,7&8 Step R FWD, 1/2L pivot, Shuffle FWD R-L-R. (9:00)

[25-32] FWD ROCK, 1/2L, FWD ROCK, 1/2R, FULL TURN R FWD

1,2,3,4 Rock L FWD, Replace R, 1/2L step L FWD, Rock R FWD (3:00)
5,6,7,8 Replace L, 1/2R step R FWD,## Travel FWD-Full turn R step L-R (9:00)

[33-40] SIDE ROCK, CROSS SHUFFLE, HEEL-BALL CROSS, SIDE, 1/4L REPLACE

1,2,3&4 Rock L to L, Replace R, Cross L over R, Step R to R, Cross L over R,
5&6,7,8 Step R Heel diag R, Step R back, Cross L over R, Rock R to R, 1/4L Replace L (6:00)

[41-48] FULL TURN L, FWD SHUFFLE R, FWD ROCK, BACK COASTER

1,2,3&4 Travel FWD - Full Turn L step R-L, Shuffle FWD R-L-R,
5,6,7&8 Rock L FWD, Replace R, Step L back, Step R beside L, Step L FWD

[49-56] FWD ROCK, BACK LOCK BACK, 1/4L FWD ROCK, 1/4L FWD ROCK

1,2,3&4 Rock R FWD, Replace L, Step R back slightly R diag, Cross lock L over R, Step R back slightly R diag
5,6,7,8 1/4L step L FWD, Replace R, 1/4L step L FWD, Replace R (12:00)

[57-64] BACK COASTER, FWD ROCK, 1/4R FWD ROCK, 1/4R BACK ROCK

1&2,3,4 Step L back, Step R beside L, Step L FWD, Rock R FWD, Replace L,
5,6,7,8 1/4R step R FWD, Replace L, 1/4R, rock R back, Replace L (6:00)

REPEAT

RESTART: On Wall 5 – Dance up to count 16 then add "&" count step L beside R and restart on front wall

Ending: As music fades - dance up to count 30 ## Turn ¼ to R step L to side, tap R beside L

Contact: lynabooth@hotmail.com