

Happiness

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Colleen Archer (AUS) - January 2014
音乐: Happy - Pharrell Williams : (from Despicable Me - iTunes)



Intro: 4 counts, start on 5th beat - SP. Weight on L - "For...Jesse"

ACROSS, HEEL, SIDE, HEEL, BEHIND, SIDE, ACROSS, HOLD

1, 2 Touch R toe forward across L and raise L heel, Lower L heel
3, 4 Touch R toe to right side and raise L heel, Lower L heel
5, 6 Step R behind L, Step L to left side
7, 8 Step R across L, Hold (12)

(optional counts 1-4, Touch R forward, Hold, Touch R to side, Hold)

SIDE, BEHIND, TURN ¼ & FWD, HOLD, ¾ PIVOT, SIDE, HOLD

1, 2 Step L to left side, Step R behind L
3, 4 Turn ¼ left and step L forward, Hold
5, 6 Step R forward, Turn ¾ left taking weight onto L
7, 8 Step R to right side, Hold (12)

MAMBO, HOLD, MAMBO, HOLD

1, 2 Rock step L forward 45° left, Recover R (add hips)
3, 4 Step L back, Hold
5, 6 Rock step R back 45° right, Recover L (add hips)
7, 8 Step R forward, Hold # (add finish) (12)

½ PIVOT, FWD, HOLD, FWD, LOCK, FWD, SCUFF

1, 2 Step L forward, Turn ½ right taking weight onto R
3, 4 Step L forward, Scuff R
5, 6 Step R forward, Lock L behind R
7, 8 Step R forward, Scuff L (6)

FWD, TOUCH, BACK, TOUCH, BACK, TOUCH, TURN ¼ & SIDE, HOLD

1, 2 Step L forward 45° left, Touch R beside L
3, 4 Step R back 45° right, Touch L beside R
5, 6 Step L back 45° left, Touch R beside L
7, 8 Turn ¼ right and step R to right side, Hold (feet slightly apart) (9)

TWIST HEELS, TOES, HEELS, HOLD & CLAP, REPEAT

1, 2 Twist both heels to right, Twist both toes to right
3, 4 Twist both heels to right, Hold and clap
5, 6 Twist both heels to left, Twist both toes to left
7, 8 Twist both heels to left, Hold and clap (weight on L) (9)

COASTER, ¼ PADDLE, FWD, HOLD

1, 2 Step R back, Step L beside R
3, 4 Step R forward, Hold
5, 6 Step L forward, Turn ¼ right taking weight onto R
7, 8 Step L forward, Hold (12)

ROCKING CHAIR, ¼ MONTEREY

1, 2 Rock step R forward, Recover L
3, 4 Rock step R back, Recover L

5, 6 Touch R toe to right side, Turn $\frac{1}{4}$ right and step R beside L
7, 8 Touch L toe to left side, Step L beside R (3)

Begin again

FINISH: # Wall 10, dance first 24 counts starting on 3 o'clock wall, add following steps...

1 – 4 Step L forward, Turn $\frac{3}{4}$ right taking weight onto R, Step L to left side, Hold
5 – 8 Bump hips R L R, Hold (optional wave hands in the air on bumps)

Dance may be copied and distributed provided original steps remain unchanged.

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