

Cotton Fields

拍数: 32 墙数: 2 级数: Improver - Country
编舞者: Valerie Hughes (UK) - January 2014
音乐: High Cotton - Alabama



[1-8] Walk x2 Mambo step Shuffle fwd cross rock ¼ turn

1-2 Step L fwd Step R fwd
3&4 Step L back Step R beside L Step L fwd
5&6 Shuffle L fwd Stepping L R L
7&8 Cross rock L over R making ¼ turn L (9)

[1-8] Rumba box Heel Switches & Heel Hook Step

1-2 Step L to R side Step R back
3&4 Step L to L side & Step L fwd
5&6 Step R heel fwd & Step L heel fwd
7&8 Step R heel fwd & hook R across L Step R in place

[1-8] Step ½ turns Shuffle ½ turn ¼ turn chasse

1-2 Step L fwd Pivot ½ turn R
3&4 Shuffle ½ turn stepping R L R
5-6 Step R back Step L ¼ turn
7&8 Step R to R side close L beside R Step R to R side

[1-8] Cross side heelball cross side touch & coaster step.

1-2 Cross L over R Step R to R side
3&4 Step L heel fwd Step on ball of L & Step R over L
5-6 Step L to L side Touch R toe to L
7&8 Step back on R Step L beside R & Step R fwd. (6)

Wall 4 There is a Tag, do the following:

Dance thru counts 1-8. Then add Chasse ¼ turn L & walk L&R.

Restart the dance at this point. (6)

Ending: Dance thru counts 1-6 then Step ½ turn R and take a big step fwd.

Contact: valeriehughes@live.co.uk