

Cut-A-Rug

拍数: 32 墙数: 2 级数: Beginner
编舞者: Jo Thompson Szymanski (USA) & Rita Thompson (USA) - July 2002
音乐: Roll Back The Rug - Scooter Lee : (CD: More of the Best, and then some)



Available from www.scooterleecom, cdbaby.com, Amazon.com or iTunes.com

[1-8] "BASIC" - SIDE, TOGETHER, SIDE, TOUCH, SIDE, TOGETHER, SIDE TOUCH

1-4 Step R to right; Step L beside R; Step R to right; Touch L beside R
5-8 Step L to left; Step R beside L; Step L to left; Touch R beside L

Note: For styling, you may roll fists in front of chest when Scooter sings "roll back the rug" on the chorus of the song.

Also, counts 1-8 can be done as vines R and L by crossing behind on counts 2 and 6.

[9-16] "K- STEP" – DIAGONAL STEP TOUCHES WITH CLAPS

1-2 Step R to right front diagonal; Touch L beside R (optional clap)
3-4 Step L to left back diagonal; Touch R beside L (optional clap)
5-6 Step R to right back diagonal; Touch L beside R (optional clap)
7-8 Step L to left front diagonal; Touch R beside L (optional clap)

[17-24] FORWARD DIAGONALS RIGHT AND LEFT

1-2 Step R to right front diagonal; Step L together (L slightly behind R)
3-4 Step R to R front diagonal; Brush/scuff L forward
5-6 Step L to L front diagonal; Step R together (R slightly behind L)
7-8 Step L to L front diagonal; Brush/scuff R forward

Note: The above 8 counts can be done a lock steps by crossing behind on counts 2 and 6.

[25-32] STEP, HOLD, 1/4 TURN LEFT, HOLD, STEP, HOLD, 1/4 TURN LEFT, HOLD

1-2 Step R forward; Hold
3-4 Turn 1/4 left shift weight to L; Hold
5-6 Step R forward; Hold
7-8 Turn 1/4 left shift weight to L; Hold

Start again.

Note: This dance is fun to do in contra lines. On counts 17-24, pass through the "window" and gently slap hands with neighbors as you go by!

Last Revision - 10th Jan 2014