

Turn Me Loose

COPPER KNOB
STEPPERS

拍数: 64 墙数: 2 级数: Improver
编舞者: Ann-Kristin Sandberg (NOR) & Marie Sørensen (TUR) - January 2014
音乐: Turn Me Loose - Derek Ryan : (Album: Country Soul - www.itunes.com)



Intro: 32 Count

SIDE, HOLD, TOGETHER, HOLD, SLOW CHASSE, HOLD

1-2 Step right to right side, hold
3-4 Step left next to right, hold
5-6 Step right to right side, step left next to right
7-8 Step right to right side, hold (12:00)

FWD. ROCK, RECOVER, SIDE ROCK, RECOVER, BEHIND, SIDE, CROSS, HOLD

1-2 Rock fwd. left, recover
3-4 Rock left to left side, recover
5-6 Cross left behind right, step right to right side
7-8 Cross left over right, hold (12:00)

SIDE, ROCK, CROSS, HOLD, SIDE, ROCK, CROSS, HOLD

1-2 Rock right to right side, recover onto left
3-4 Cross right over left, hold
5-6 Rock left to left side, recover
7-8 Cross left over right, hold (12:00)

POINT, TOUCH, POINT, TOUCH, SHUFFLE, SCUFF

1-2 Point right toe out to right side, touch right toe beside left
3-4 Point right toe out to right side, touch right toe beside left
5-6 Step right foot fwd. step left next to right
7-8 Step right foot fwd. scuff left fwd. (12:00)

STEP ½ TURN STEP, HOLD, FULL TURN LEFT, HOLD

1-2 Step fwd. left, ½ turn right (Weight on right) (06:00)
3-4 Step fwd. left, hold
5-6 1/4 turn left, step right to right side, ½ turn left, step left to left side (09:00)
7-8 1/4 turn left, step fwd. right, hold (06:00)

ROCK, RECOVER, STEP BACK, SWEEP, STEP BACK, SWEEP, STEP BACK, SWEEP

1-2 Rock fwd. left, recover
3-4 Step back on left, sweep right back
5-6 Step back on right, sweep left back
7-8 Step back on left, sweep right back (06:00)

ROCK, RECOVER, STEP, HOLD, ROCK, RECOVER, STEP, HOLD

1-2 Rock back on right, recover
3-4 Step fwd. right foot, hold
5-6 Rock fwd. left, recover
7-8 Step left foot back, hold (06:00)

Restart the dance at this point during wall 6 - Facing 12:00

GRAPEWINE, TOUCH, GRAPEWINE, TOUCH

1-2 Step right to right side, cross left behind right
3-4 Step right to right side, touch left next to right

5-6 Step left to left side, cross right behind left
7-8 Step left to left side, touch right next to left (06:00)

Restart during wall 6 : Dance first 56 counts & restart - facing 12.00

Have Fun!

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