

# On My Knees

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Jacob Ballard (USA) - January 2014  
音乐: Only You - Ellie Goulding



Begin dance when main beat comes in on the words "only you"

## WALK, ROCK AND ½, ¼, BACK ROCK, SIDE ROCK, WEAVE

1-2            step right forward, step left forward  
3&4            rock forward onto right, recover, turn ½ right stepping forward onto right  
5              turn ¼ right stepping left to side  
6&7&          back cross rock right behind left, recover, rock right to side, recover  
8&1            cross right over left, step left to side, cross right behind left

## ¼ FORWARD, STEP, ½, ¼, CROSS, ¼ ROCK, 1/8, CROSS, 1/4, BACK

2              turn ¼ left stepping forward onto left  
3&4            step forward onto right, pivot ½ left, turn ¼ left stepping right to side  
5-6-7          cross left over right, turn ¼ right rocking forward onto right, recover  
&8             turn 1/8 right stepping right to side (1:30), cross left over right  
&1             turn ¼ left stepping back on right (11:30), step left back

## BACK, ¼ WALK, ½, COASTER STEP, CROSS

2-3-4          step right back, turn ¼ left stepping forward onto left (7:30), step right forward  
5              turn ½ right stepping back on left (1:30)  
6&7-8          right coaster step: step right back, step left together, step right forward, cross left over right

## SIDE ROCK WITH ¼, TRIPLE FULL TURN, CROSS WITH 1/8, BACK, COASTER STEP

1-2            rock right to side, recover to left making ¼ turn left (11:30)  
3&4            turn ½ left stepping back on right, turn ½ left stepping forward on left, step right forward  
5-6            turn 1/8 left crossing left over right (9:00), step right back  
7&8            left coaster step: step left back, step right together, step left forward

## REPEAT

### TAG: Happens at the end of walls 5 and 8

1&2&          step right to side, step left to side, step right together, cross left over right  
3-4            point right to side and look right, hold position and look forward