

You Know I Can't Get Myself Over You

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Absolute Beginner
编舞者: Connie Nielsen (DK) - January 2014
音乐: Can't Get Myself Over Getting Over You - The Woolpackers



Intro 16 counts. Start on the word Can't

TOE STRUT FORWARD R.L.R.L

1-2 Touch right toe forward, Drop right heel down
3-4 Touch left toe forward, Drop left heel down
5-6 Touch right toe forward, Drop right heel down
7-8 Touch left toe forward, Drop left heel down

TOE STRUT BACK R.L, OUT, OUT, IN, IN.

1-2 Touch right toe back, Drop right heel down
3-4 Touch left toe back, Drop left heel down
5-6 Step right small step to right. Step left small step to left
7-8 Step right to center. Step left to center .

VINE RIGHT, TOUCH, TOUCHES, HITCH

1-2 Step right to right side, Cross left behind right
3-4 Step right to right side, Touch left beside right
5-6 Touch left to left side, Touch left forward
7-8 Touch left to left side. Hitch left

VINE ¼ TURN LEFT, SCUFF. ROCKING CHAIR

1-2 Step left to left side, Cross right behind left
3-4 Turn ¼ left on left, Scuff right
5-6 Rock forward on right, Recover on left,
7-8 Rock back on right, Recover on left

REPEAT

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