

Lost In Paradise

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Nina Chen (TW) - January 2014
音乐: Lost In Paradise - Joanna Wang



Start: 16 count intro

Tag after walls 1 - 3 - 4 - 6 - 9 (4 counts)

S1. STEP LOCK FORWARD SHUFFLE X2

1-2 Step forward on R, lock L behind R
3&4 Forward shuffle on RLR
5-6 Step forward on L, lock R behind L
7&8 Forward shuffle on LRL

S2. FORWARD STEP COASTER STEP, FORWARD STEP SAILOR TURN

1-2 Step forward on R, recover onto L
3&4 Step R back, step L beside R, step R forward
5-6 Step L forward, recover onto R
7&8 Turn left 1/4(9:00) L back, step R next to L, step L forward

S3. ROCK RECOVER CHA CHA CHA X2

1-2 Rock R to right, recover on L
3&4 Step RLR
5-6 Rock L to left, recover on R
7&8 Step LRL

S4. PADDLE 1/4 LEFT X2, JAZZ BOX

1-2 Step R forward, pivot turn L 1/4(6:00)
3-4 Step R forward, pivot turn L 1/4(3:00)
5-6 Cross step R over L, step back on L.
7-8 Step R to R side, cross L over R

TAG: MAMBO X2

1&2 Rock R to right, recover on L, step R next to L
3&4 Rock L to left, recover on R, step L next to R

Have Fun & Happy Dancing !

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