

The Dance For Nanni

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Improver
编舞者: Anna Korsgaard (DK) - January 2014
音乐: I'm Alive - Potters Jig : (CD: Back on Track 2010)



This song is from a CD from Potters Jig. Potters Jig agreed to share this song with us for free. Send an Email to: aklinedance@gmail.com and I will send the song to you.

Intro: 80, 16 No tags! No restarts!

Sec.: 1. Right Toe strut, Left. Right Heel, Hook, Heel, Flick

1 – 2 Touch Right toe forward. Drop heel.
3 – 4 Touch Left toe forward. Drop heel.
5 – 6 Dig Right heel forward. Hook Right over Left.
7 – 8 Dig Right heel forward. Flick Right back.

Sec.: 2. Right Shuffle forward, Scuff, Right ½ turn, Hold

1 – 4 Step Right forward. Step Left next to Right, Step Right forward. Scuff Left.
5 – 8 Step Left Forward. Make ½ turn on both feet. Step forward on Left. Hold.

Sec.: 3. Right Scissor, Hold, Left Rumba, Hold

1 – 4 Step Right to Right Side. Step Left next to Right, Cross Right over Left. Hold.
5 – 8 Step Left to Left side. Step Right next to Left. Step Left forward. Hold.

Sec.: 4. Right Point, touch, Kick Ball Change, Right Jazz Box ¼

1 – 2 Point Right to the Right, Touch Right next to Left.
3 & 4 Kick Right foot forward, Step Right Ball next to Left, Step Left next to Right.
5 – 8 Cross Right over Left. Step Left Back. Turn ¼ on Right. Step Left Forward.

Sec.: 5. Right diagonal, Step, Lock, Step, Lock, Step, Rock, Shuffle ½ turn

1 – 2 Step Right forward. Lock Left behind Right.
3 & 4 Step Right forward. Lock Left behind Right. Step Right forward.
5 – 6 Rock forward on Left. Recover on Right.
7 & 8 Step Left ¼ forward, Step Right next to Left. Step Left ¼ turn forward.

Sec.: 6. Repeat sec. 5

Sec.: 7. Right Point, Point, Coaster Step, Left Heel, Heel, Sailor ¼ turn

1 – 2 Point Right forward. Point Right to the Right.
3 & 4 Step Right Back, Step Left next to Right. Step Right forward.
5 – 6 Dig Left heel forward. Dig Left heel to Left side.
7 & 8 Sweep Left behind Right making ¼ turn. Rock Right to Right side. Recover on Left.

Sec.: 8. Right Rocking Chair, Monterey ¼ Right

1 – 2 Rock forward on Right. Recover on Left.
3 – 4 Rock back on Right. Recover on Left.
5 – 6 Point Right toe to Right side. Make ¼ turn to Right stepping right beside left.
7 – 8 Point Left toe to Left side. Step Left beside Right.

Repeat.

Note: A big thanks to Potters Jig for sharing this lovely song. Enjoy and have fun, it makes you happy.

Contacts: Email aklinedance@gmail.com
